



## Review

## Early identification of local infections in central venous catheters for hemodialysis: A systematic review



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## ABSTRACT

**Background:** The use of central venous catheters (CVC) is associated with higher morbidity and mortality, related to infectious complications, contributing to poorer clinical outcomes and increased healthcare costs. According to the literature, the incidence of local infections related to CVC for hemodialysis is highly variable. This variability is related to differences in definitions of catheter-related infections.

**Objective:** To identify signs and symptoms for determining local infections (exit site and tunnel tract infections) used in the literature in tunnelled and nontunnelled CVC for hemodialysis.

**Design:** Systematic review

**Methods:** Structured electronic searches were conducted in five electronic databases, from 1 January 2000–31 August 2022, using key words and specific vocabulary, as well as manual searches in several journals. Additionally, vascular access clinical guidelines and infection control clinical guidelines were reviewed.

**Results:** After validity analysis, we selected 40 studies and seven clinical guidelines. The definitions of exit site infection and tunnel infection used in the different studies were heterogeneous. Among the studies, seven (17.5 %) used the definitions of exit site and tunnel infection based on a clinical practice guideline. Three of the studies (7.5 %) used the Twardowski scale definition of exit site infection or a modification. The remaining 30 studies (75 %) used different combinations of signs and symptoms.

**Conclusions:** Definitions of local CVC infections are highly heterogeneous in the revised literature. It is necessary to establish a consensus regarding the definitions of hemodialysis CVC exit site and tunnel infections.

**Registration:** PROSPERO (CRD42022351097).

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## Introduction

Chronic kidney disease is a major public health problem worldwide. Its prevalence ranges from 7 % to 12 % [1] and nearly 700 million people around the world are affected [2]. When the glomerular filtration rate is < 15 mL/min/1.73 m<sup>2</sup>, renal replacement therapy must be initiated. Approximately 9.7 million people, globally, are currently receiving this type of treatment [2]. Dialysis is the most widely used treatment for chronic kidney disease, and 90 % of these patients undergo hemodialysis [3].

All clinical practice guidelines on hemodialysis recommend the internal arteriovenous fistula (autologous or prosthetic) as the ideal vascular access, due to its lower rate of complications compared to central venous catheters [4–8]. Nevertheless, central venous catheters are commonly accepted as an alternative to arteriovenous fistulas, as they can be used immediately after implantation. The need to allow time for the maturation of arteriovenous fistulas, and the resulting uncertainty about when hemodialysis treatment can be started, contribute to the high frequency and prolonged duration of central venous catheters use [9]. Approximately 70–80 % of incident hemodialysis patients initiate treatment via a central venous catheter [10,11]. Among prevalent patients, however, the use of a central venous catheter is less frequent, representing 30–40 % [10,11].

The use of central venous catheters is associated with higher morbidity and mortality related to infectious complications, and may contribute to poorer clinical outcomes and increased healthcare costs [12–15].

According to the literature, the incidence of bacteremia related to the hemodialysis catheter is highly variable (from 1.6 to 6.18/1000 catheter-days for tunneled catheters and from 1.4 to 8.3/1000 catheter-days for non-tunneled catheters) [16,17]. Similarly, the incidence of exit site infection ranges from 0.35 to 8.3/1000 catheter-days for tunneled catheters, and from 8.2 to 16.75/1000 catheter-days for non-tunneled catheters [16–19]. The variability in these results is due to the lack of consensus on the definition and intrinsic variability in terms of management adherence considering the best available evidence.

Several clinical practice guidelines for vascular access and scientific societies recommend central venous catheters exit site be assessed by nurses in each hemodialysis session to identify early any signs of local infection [4,5,20]. A correct early identification of signs and symptoms of infection in the exit site and tunnel prevents

catheter-related infections, either local (exit site, subcutaneous tunnel) or bacteraemias.

The aim of this review was to identify signs and symptoms for determining local infections (exit site and tunnel tract infection) in tunneled and not tunneled central venous catheters for hemodialysis used in the literature to establish a consensus definition through future research.

## Material and methods

The protocol for the systematic review was registered and prospectively made available in an international prospective register of systematic reviews (PROSPERO 2022 CRD42022351097) [21]. Our review was performed and reported based on the recommendations made by the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement [22].

### Review question

What are the signs and symptoms for determining local infections (exit site and tunnel tract infection) in tunneled or non-tunneled central venous catheters for hemodialysis?

### Inclusion criteria

An electronic search was conducted for any studies on adult patients (age ≥ 18 years) with a central venous catheter (tunneled or non-tunneled) as hemodialysis vascular access, in studies that presented data on signs and symptoms for determining local infections (exit site and tunnel tract infection) in tunneled or non-tunneled central venous catheters for hemodialysis.

This review included randomized-controlled trials, non-randomized interventional studies (quasi-experimental), observational studies with pre- and post-guideline/intervention implementation and protocols of randomized-controlled trials and systematic reviews. In addition, vascular access clinical guidelines from nephrology and vascular access scientific societies and infection control clinical guidelines were revised to include their central venous catheter-related definitions for local infections. In addition, we revised titles from relevant journals on nephrology care: *Enfermería Nefrológica*, *Journal of Renal Care* and *Nephrology Nurses Journal*. Also, references cited by included studies and previous reviews were screened to detect other potentially relevant studies. Searches were

limited to English, Spanish and Portuguese, and to the last 22 years (2000–2022).

### Exclusion criteria

Non-human studies were excluded. Non-primary studies such as review articles, commentaries, letters to the editor and interviews were also excluded. Similarly, we excluded any case studies and publications outside of peer-reviewed or independently validated papers. Narrative review studies were not considered eligible, although a revision of included studies was also performed. Studies that did not include a definition of local infection (exit site and tunnel tract infection) were excluded.

### Searches

The search strategy was piloted in February 2020 in a single database to ensure sensitivity and specificity. An expert librarian from the University was consulted during this phase. The final searches were developed by the first author in March 2020 and then reproduced by a second researcher to ensure the validity of the results. A new search was developed by the first author on September 1, 2022, to review final articles.

### Search strategy

Five electronic databases were searched from 1 January 2000–31 August 2022: MEDLINE (via PubMed), CINAHL (via OVID), CUIDEN (Spanish care database), Cochrane Library (including CENTRAL Trials) and Web of Science (via WOS). Structured searches were conducted of published studies using specific subject headings or vocabulary (medical subject headings -MeSH- and health sciences descriptors -DeCS-), as well as free terms or key words. The search terms for the PICO question were “hemodialysis”, “central venous catheter”, “infection”, “exit site” and “subcutaneous tunnel”. These terms will be combined with Boolean operators, “OR” to combine intradomain terms and “AND” to combine inter-domain terms. Marginal terms such as “peritoneal dialysis” were combined with “NOT” to ensure accuracy of the results. Searches were limited to adults and by language (English and Spanish). The full search strategies for these databases and their results are provided in Table 1.

### Study selection

After the electronic searches, two independent and blinded reviewers assessed eligibility by study titles in every database and included in a reference manager. Duplicates were removed, and abstracts were then revised by two independent and blinded authors, discarding any study that did not meet the inclusion criteria. The remaining studies were included in a full-text review, in which

any studies that failed include a definition of local infection (exit site and tunnel tract infection) were excluded. The full-text articles were assessed by two independent and blinded reviewers for eligibility. Data extraction was revised by the first author to detect disagreements. We used an ad hoc form in this phase. Disagreements were resolved by consensus of the six reviewers who took part in this process.

### Data extraction and synthesis

Two independent reviewers conducted data extraction from all included studies and registered in a review form. Every study was then discussed within a group of six reviewers. First, a descriptive analysis of published studies was conducted, which included date of publication, country, aim, study design, sample size, catheter type, setting, definition of local infections (exit site and tunnel tract infection).

### Appraisal

Two authors independently assessed the quality of the studies. We used the Newcastle-Ottawa validated tool for the evaluation of internal validity of longitudinal observational studies [23], the CONSORT check list for randomized-controlled trials [24], the CASP check list for experimental studies [25] and the Strobe statement check list for cross-sectional studies [26]. The AGREE reporting checklist was used to evaluate clinical practice guidelines [27].

## Results

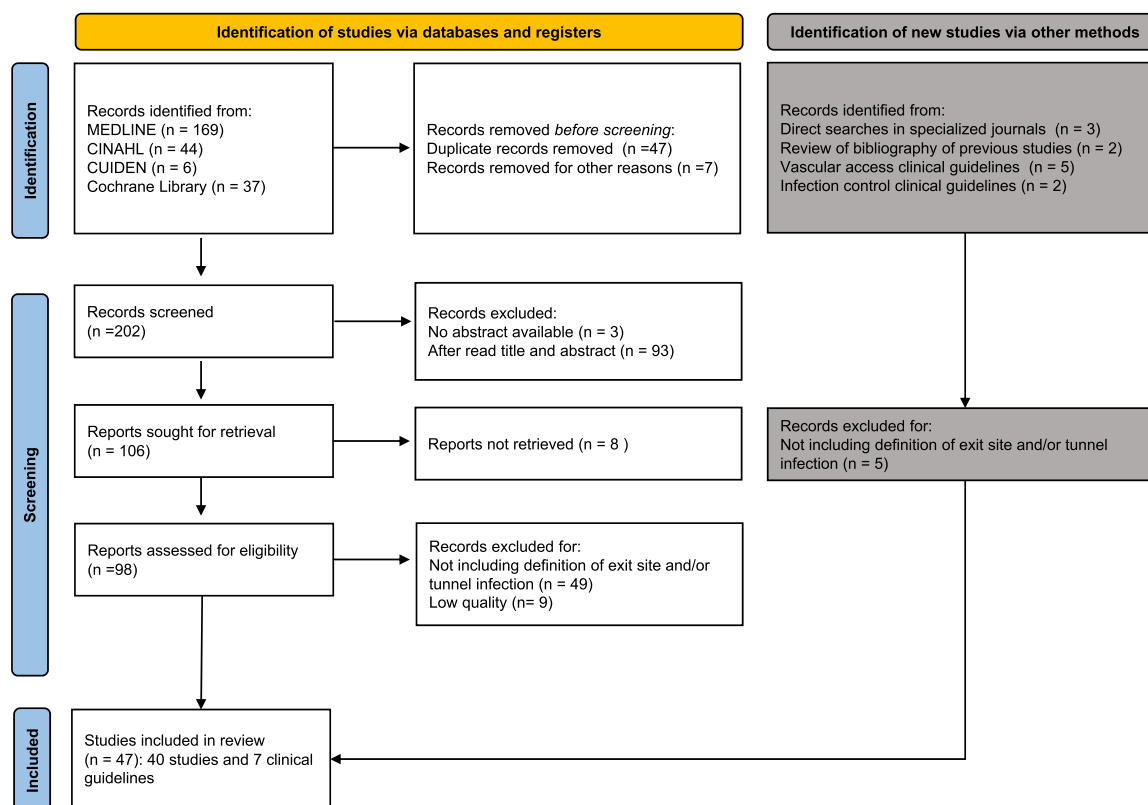
The electronic searches produced a total of 256 titles. Three additional reports were identified by direct searches in specialized journals in the field of renal care and another two articles were identified from the reference lists of previous studies. Additionally, three vascular access clinical guidelines and two infection control clinical guidelines were included. After the selection process, 47 titles were selected and included in our review: 40 studies and seven clinical guidelines. The study selection process and causes for rejection are described in Fig. 1.

### General study characteristics

All selected studies were published after 2008 and conducted in different European countries [28–44], Asian countries [14,45–50], Australia [51,52], Brazil [53,54], South Africa [55], Canada [56–59] and the United States [60–66]. Twenty-three studies were observational, twelve were clinical trials, four were quasi-experimental and there was one systematic review. Twenty-nine studied tunneled catheters, four examined non tunneled catheters and seven analyzed both (tunneled and non-tunneled catheters). Thirty studies took

**Table 1**  
Search strategies used for all databases and results.

Database	Search strategy	Results
CINAHL	(exit site OR insertion site OR tunnel) AND (hemodialysis AND central venous catheter AND infection) Limiters – Published Date: 2000/01/01–2022/08/31	44
Medline	(“haemodialysis”[All Fields] OR “renal dialysis”[MeSH Terms] OR (“renal”[All Fields] AND “dialysis”[All Fields]) OR “renal dialysis”[All Fields] OR “hemodialysis”[All Fields]) AND (“catheters”[MeSH Terms] OR “catheters”[All Fields] OR “catheter”[All Fields]) AND (exit[All Fields] AND site[All Fields]) NOT (“peritoneum”[MeSH Terms] OR “peritoneum”[All Fields] OR “peritoneal”[All Fields]) AND (“2000/01/01”[PDAT]: “2022/08/31”[PDAT])	169
Cochrane Library	“hemodialysis” in Title Abstract Keyword AND “central venous catheter” in Title Abstract Keyword AND “infection” in Title Abstract Keyword AND “exit site” in Title Abstract Keyword NOT “peritoneal” in Title Abstract Keyword – (Word variations have been searched) with Cochrane Library publication date from Jan 2000 to Aug 2022	37 (3 systematic reviews and 34 clinical trials)
Cuiden	hemodiálisis AND catéter AND infección AND (orificio de salida OR tunel) with publication date from Jan 2000 to Jan 2020	6



**Fig. 1.** A flowchart of the inclusion process of studies used in the systematic review (adjusted from the PRISMA 2020 flowchart). PRISMA: Preferred Reporting Items for Systematic Reviews and Meta-Analyses.

place at hospitals, three at dialysis centers and seven took place at both (hospitals and dialysis centers), with a final sample of 12,419 patients. Table 2 summarizes the main characteristics of these studies and definitions of exit site infection and/or tunnel infection.

Seven clinical practice guidelines were included: two from The National Kidney Foundation's Kidney Disease Outcomes Quality Initiative (KDOQI) (2006 [5] and the 2019 update [67]), one from the Spanish Multidisciplinary Group on Vascular Access (GEMAV) [20], one from the Canadian Society of Nephrology (CSN) [68], one from the European Society for Vascular Surgery (ESVS) [69] and two from control infection societies: Centers for Disease Control and Prevention (CDC) [70] and Infectious Diseases Society of America (IDSA) [71] guidelines. Table 3 presents the definitions of exit site infection and tunnel infection based on the clinical guidelines included in this review.

#### Definitions of exit site infection and tunnel infection

The definitions of exit site infection and tunnel infection used in the different studies were heterogeneous. Twenty-three studies only defined the exit site infection, whereas 17 studies included definitions of exit site infection and tunnel infection. All clinical guidelines included definitions of both exit site infection and tunnel infection.

Among the studies, seven (17.5 %) used the definitions of exit site and tunnel infection from some clinical practice guideline: three from the CDC guideline [36,37,45], one from the IDSA guideline [28] and three from the KDOQI guidelines (two from 2006 and one from the 2019 update) [42,54,61]. Three of the studies (7.5 %) used the Twardowski scale definition of exit site infection [29,52] or a modification of the same [51]. The remaining 30 studies (75 %) used different combinations of signs and symptoms to determine the presence of exit site and/or tunnel infection.

Table 4 shows the frequency of the different signs and symptoms used, both in the studies and in the clinical practice guidelines, to determine the presence of exit site and/or tunnel infection. In most of the documents, a diameter  $\geq 2$  cm was used for erythema, induration and tenderness. Positive culture was used in 26 of the studies (57.77 %) to determine local infectious complications.

#### Discussion

To our knowledge, this is the first systematic review to identify signs and symptoms for determining local infections (exit site and tunnel tract infection) in tunneled and non-tunneled central venous catheters for hemodialysis.

Our review shows that many studies used the exit site and/or tunnel infection as the dependent variable, although without including a definition of the same in the methods section (49 out of 98 studies, i.e., approximately 50 % of the studies selected for review were excluded on these grounds). Ignoring the definition of a dependent variable in a research study could introduce bias, specifically if the missing results did not occur at random. Missing definitions could create invalid and misleading comparisons between centres and types of intervention.

The studies reviewed from the electronic searches showed a low adherence, with definitions of exit site and tunnel infection proposed by nephrology, vascular access and/or scientific societies for infection control. All clinical practice guidelines indicate a positive culture as the gold standard; however, only 57.77 % of the revised studies used positive culture to determine exit site infection and 31.91 % to determine tunnel infection. Clinical guidelines are important tools to ensure that health practices are evidence-based. Nevertheless, the literature refers that only 14 % of clinically useful research findings are adopted in everyday practice after an average delay of approximately 17 years [72]. A study analyzing the quality of



**Table 2**  
Articles included in the review of electronic databases and other methods with exit site infection and tunnel infection definition.

Author, Year (Country)	Aim	Study design	Catheter type	Setting	Sample size	Exit site infection (ESI) and tunnel infection (TI) definition
Al-Hwiesh, 2008 (Saudi Arabia) [45]	To evaluate the efficacy of antibiotic-lock therapy using a combination of vancomycin and gentamycin as a prophylaxis against tunneled central catheters-related bacterial infection in hemodialysis patients.	RCT	T	H	69	ESI and TI: The CDC definitions for infections.
Al-Solaiman et al., 2011 (USA) [60]	To quantify infections in such patients, to characterize their clinical presentations, and to evaluate factors determining need for hospitalization.	O	T	H	172	ESI: Presence of purulent exudate in the exit site, together with positive culture of the exudate and negative blood cultures.
Battistella et al., 2011 (Canada) [56]	To determine whether the low rate of central venous catheters-related infection achieved by topical polyantibiotic ointment use during a randomized controlled trial would be observed during long-term prophylaxis as part of routine clinical care.	O	T	H	228	ESI: Purulent discharge at exit site or erythema, tenderness, induration (2 of 3) at exit site with a positive culture of serous discharge. TI: Purulent discharge or aspirate from a tunnel or pocket site not contiguous with exit site or erythema, tenderness, induration (2 of 3) at a tunnel or pocket site not contiguous with exit site with a positive culture of serous discharge or aspirate from that site.
Bouza et al., 2014 (Spain) [28]	To assess the validity of Gram stain and superficial culture for anticipating catheter exit-site infection and hemodialysis catheter-related bloodstream infection.	O	T	H	75	ESI: Based on the intravascular catheter infection guidelines of the Infectious Diseases Society of America.
Bueloni et al., 2019 (Brazil) [53]	To compare the efficacy of lock solution using a combination of cefazolin and gentamicin versus acetic acid and citrate in reducing catheter-related bloodstream infections in patients undergoing hemodialysis and to identify any adverse effects.	O	T	DC	127	ESI: The presence of purulent discharge or erythema and edema at the exit site below the cuff.
Campos et al., 2011 (Brazil) [54]	To compare a solution of minocycline and EDTA with the conventional unfractionated heparin for the prevention of catheter-related bacteremia in hemodialysis patients during a period of 90 days.	RCT	T	H	204	ESI and TI: Definitions of K/DOQI Clinical Practice Guidelines for Vascular Access
Chen et al., 2019 (Taiwan) [46]	To analyze the impact of routine locking solutions on the incidence of catheter-related bloodstream infections and exit site infection, in preserving catheter function, and on the rate of all-cause mortality in patients undergoing hemodialysis.	SR	B	B	4832	ESI: The development of a purulent redness around the exit site that did not result from residual stitches
Evans et al., 2014 (USA) [61]	To explore the effect of a prescribed showering protocol on catheter-related bloodstream infections rates, tunnel infection rates, and exit site infection rates in individuals undergoing in-center hemodialysis and using an hemodialysis catheter; and to evaluate the effect of not using a catheter exit site dressing on catheter-related bloodstream infections, tunneled catheter infections, and exit site infections.	RCT	T	B	47	ESI: Inflammation confined to the area surrounding the catheter exit site, not extending superiorly beyond the cuff because the catheter is tunneled with the exit site having exudates. The culture of catheter exudate has been confirmed to be positive (KDOQI, 2006). TI: The catheter tunnel superior to the cuff is inflamed, painful, and may have drainage through the exit site that is culture positive (KDOQI, 2006). There is presence of tenderness, erythema, or induration over 2 cm from the exit site along the subcutaneous tract of the tunnel with or without evidence of bloodstream infection.
Gupta et al., 2016 (India) [47]	To examine clinical and bacteriological profiles of hemodialysis patients developing catheter-related bloodstream infections, the antibiotic susceptibility of the bacteria isolated from these patients and determine nasal carriage of <i>S. aureus</i> in the study subjects.	O	NT	H	127	ESI: positive semi-quantitative culture of the purulent drainage material obtained from the exit site accompanied with redness and crusting.
Harwood et al., 2008 (United Kingdom) [29]	To examine predictors of positive central venous catheters exit-site infections.	O	T	H	52	ESI: Classification of PD exit sites of Twardowski & Prowant.
Heidempfergher et al., 2021 (Italy) [42]	To assess the effect of stricter infection prevention policies adopted during the COVID-19 pandemic on central venous catheters infection rates.	O	T	H	215	ESI and TI: definitions of update KDOQI 2019 guideline.
Hughes et al., 2011 (Australia) [51]	To determine the percentage of opaque dressings currently used for central venous catheters exit sites that remained intact between dialysis episodes, and to explore whether altered dressing integrity is associated with specific demographic or clinical characteristics.	O	B	DC	34	ESI: A modified Twardowski scale was used to standardize color and scab/crust as an assessment of healed, healthy exit site, or whether trauma or infection was present at the exit site.

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Table 2 (continued)

Author, Year (Country)	Aim	Study design	Catheter type	Setting	Sample size	Exit site infection (ESI) and tunnel infection (TI) definition
Jaber et al., 2014 (Canada) [57]	To evaluate the viability and effectiveness of a technique of temporary catheter externalization of a tunneled hemodialysis catheter that allows for preservation of the primary venous access site during treatment of tunnel or exit-site infections in catheter-dependent hemodialysis patients with central venous stenosis and limited venous access options.	O	B	H	26	ESI: inflammation, exudate, or pain localized to the area surrounding the catheter exit site without extension superiorly beyond the cuff. TI: Inflammation, exudate, or pain overlying the catheter tunnel superior to the cuff with or without exit-site drainage.
Kaze et al., 2014 (South Africa) [55]	To investigate the adverse outcomes of non-tunneled hemodialysis catheters and determinants in chronic hemodialysis patients receiving care at the Yaoundé General Hemodialysis center, Cameroon.	O	NT	H	81	ESI: development of a purulent exudate at the site with or without a positive swab culture.
Koç et al., 2008 (Turkey) [30]	To determine whether we should culture the tip, the proximal portion, or both when a patient demonstrates clinical indicators of infection.	O	B	H	22	ESI and TI: The presence of signs of infection around the tunnel or at the catheter insertion site with or without positive (proximal and/or distal) catheter culture ( $> 10^3$ CFU/mL).
Lai et al., 2009 (Taiwan) [48]	In this study, the safety and efficacy of the modified exchange technique to manage dysfunctional tunneled hemodialysis catheters with exit site infection were evaluated.	O	T	H	23	ESI: based on any evidence of infection, including erythema or induration within 2 cm of the exit site, purulent discharge from the exit site with positive culture result, or peri-exit-site tenderness.
MacRae et al., 2008 (Canada) [58]	Pilot study using a randomized design to compare the effect of citrate 4 % and 5000 U/mL heparin in terms of catheter-related bloodstream infections, exit site infections, and thrombotic episodes in a Canadian cohort of prevalent dialysis patients with cuffed catheters.	RCT	T	H	61	ESI: Erythema, tenderness, induration (two of three catheters) at exit site positive exit-site cultures in the absence of other causes.
McArdle et al., 2017 (Australia) [52]	To identify the most effective and safe dressing for hemodialysis central venous catheters exit sites in a tropical region	RCT	T	H	26	ESI: Clinical signs of infection were the presence or absence of crust at the exit site, and the color of the exit site, assessed as per the Twardowski Scale at each dialysis session.
Moran et al., 2012 (USA) [63]	To evaluate the use of gentamicin 320 g/mL in 4 % sodium citrate as a routine catheter lock to prevent catheter clotting and bacteremia.	RCT	T	B	303	ESI: Signs of local infection (erythema and discharge).
Oliveira et al., 2008 (Canada) [59]	To determine if the use of a medical directive that included polysporin double ointment application at central venous catheters exit sites that appeared infected was associated with an increased risk of positive yeast cultures at central venous catheters exit sites in hemodialysis patients.	RCT	T	H	126	ESI: Positive exit site culture.
Onder et al., 2009 (USA) [64]	To investigate if the application of chlorhexidine-based solutions (ChlorPrep®) to the exit site and the hub of tunneled-cuffed hemodialysis catheters would have any beneficial impact on the prevention of catheter-related bloodstream infections and catheter survival times when compared with the use of povidone-iodine solutions.	QE	T	H	59	ESI: the presence of purulent discharge, swelling, erythema and tenderness at the exit site with or without a positive swab culture.
Porazko et al., 2021 (Poland) [44]	This study aimed at comparing the potentially less skin-traumatizing single-suture method of the central tunneled catheters stabilizing with the dominating double suture method with respect to the occurrence of early complications, particularly catheter displacement and prolonged wound healing.	QE	T	H	373	ESI and TI: redness, swelling, or discharge.
Porazko et al., 2021 (Poland) [43]	To evaluate the impact of the implementation of the innovative redness, edema, discharge and tenderness, symptoms (REDS) scale (devised by the authors) for the description of the tunnel condition on the frequency of infection in long-term catheter users.	O	T	H	40	ESI: exit site redness and edema, tenderness and discharge, and systemic symptoms (body temperature $> 38$ or $< 36^\circ\text{C}$ , chills, hypotonia with systolic blood pressure $< 90$ mmHg, tachycardia $> 90/\text{min}$ , and unusual patient confusion).
Powell et al., 2010 (United Kingdom) [31]	To assess the outcomes of tunneled hemodialysis catheters inserted by way of occluded or collateral veins.	O	T	H	54	ESI: documented clinical signs of infection (e.g., erythema, tenderness, or induration) appeared within 2 cm of the exit site and were supported by a positive swab culture.
Power et al., 2009 (United Kingdom) [32]	To compare the use of 46.7 % citrate and 5 % heparin catheter locks exclusively in patients with end stage renal failure and a single type of cuffed twin-catheter single-lumen central venous catheters, the tunneled catheter, intended as long-term vascular access.	RCT	T	H	232	ESI: Positive exit site culture. Exit-site swabs were used if there were exudates or crust, redness, or induration at the exit site.

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Table 2 (continued)

Author, Year (Country)	Aim	Study design	Catheter type	Setting	Sample size	Exit site infection (ESI) and tunnel infection (TI) definition
Power et al., 2010 (United Kingdom) [33]	To describe a large and comprehensive series with long follow-up of the translumbar route for long-term hemodialysis access.	O	T	H	39	ESI: Exit-site swabs were taken if there was exudate with or without pain, crusting, erythema or induration at the exit site. TI: Tunnel infections were defined by pain, redness or induration along the subcutaneous course of the line, with or without exudates at the exit site. ESI: Exit site swabs were taken if there was exudate with or without pain, crusting, erythema or induration at the exit site.
Power et al., 2014 (United Kingdom) [34]	The authors studied the immediate and long-term performance and complications of two twin-catheter systems, the Tesio catheter and the LifeCath Twin, to inform clinical practice.	RCT	T	H	80	
Şanal et al., 2016 (Turkey) [35]	To investigate the safety and functionality of tunneled transhepatic hemodialysis catheters in chronic hemodialysis patients.	O	T	H	38	ESI: Erythema and induration within a 2 cm radius from the catheter exit site with no signs of bacteremia.
Silva et al., 2008 (Portugal) [36]	To assess the relative merits and benefits of two proactive preventive measures addressing each of these mechanisms, questioning if the benefit of both strategies used in association is additive and assessing the relative contribution of each infection pathway, assuming that an antibiotic ointment would fight contamination through the catheter track and that an antimicrobial lock would block luminal microbial biofilm formation and invasion.	RCT	T	B	141	ESI and TI: CDC criteria, Tunnel or exit site infection—purulent discharge or evidence of inflammation of the exit site and/or tunnel (erythema, tenderness, induration).
Silva et al., 2012 (Portugal) [37]	To test safety and effectiveness of citrate. A prospective, interventional study was conducted to assess the safety and efficacy of a 3% citrate lock in preventing catheter-related bacteremia.	RCT	T	H	157	ESI and TI: CDC criteria, Tunnel or exit site infection—purulent discharge or evidence of inflammation of the exit site and/or tunnel (erythema, tenderness, induration).
Škofic et al., 2009 (Slovenia) [38]	To compare the long-term catheter-related complications associated with temporary untunneled hemodialysis catheters, locked with citrate in the interdialysis period, inserted in critically ill patients with acute kidney injury, between different catheter insertion sites (femoral vs. jugular and subclavian) and catheter types (single-lumen vs. double-lumen).	O	NT	H	290	ESI: local signs of inflammation with purulent discharge and positive exit-site culture.
Sofroniadou et al., 2017 (Greece) [39]	To evaluate the safety and efficacy of an ethanol lock solution in preventing catheter-related bloodstream infections in hemodialysis patients with non-tunneled-uncuffed-catheters.	QE	NT	H	103	ESI: the appearance of erythema, tenderness, and/or induration within 2 cm of the exit site with or without fever or purulent drainage from the exit site while the microbiological exit site infection is the isolation of a microorganism on exudate culture with or without concomitant bloodstream infection criteria.
Sychev et al., 2011 (USA) [65]	To determine whether the dialysis catheter could be salvaged in such patients by treatment with systemic antibiotics and an antibiotic lock.	QE	T	B	2061	ESI: diagnosed in patients with purulent drainage from the exit site with positive wound cultures.
Tacchini-Jacquier and Verloo, 2017 (Switzerland) [40]	To assess and compare the safety performance and other potential complications of a Y-connection and the usual tunneled central venous catheters connection to the hemodialysis machine for blood restitution.	O	T	H	18	ESI: evidence of exudate (with or without pain), crusting, erythema, or induration.
Wang et al., 2015 (USA) [14]	To report our experience with the patency and complications of translumbar tunneled dialysis catheter at our institution	O	T	H	84	TI: pain, redness, or induration along the subcutaneous course of the line, with or without exudates at the exit site.
Wang et al., 2016 (China) [49]	We retrospectively reviewed the clinical outcomes and complications of the de novo catheter placement without the delay technique to provide a suitable reference.	O	T	H	164	ESI: the presence of new erythema, pain at the exit site and/or purulent drainage around the catheter.
Wathanavasin et al., 2021 (Thailand) [50]	To compare the efficacy in lowering rate of catheter loss due to catheter-related thrombosis or catheter-related blood stream infection between sodium bicarbonate and heparin lock in prevalent chronic hemodialysis patients.	RCT	T	DC	118	ESI: evidence of redness, swelling, and drainage from the exit site. TI: purulent discharge from the tunnel, or erythema, induration, and/or tenderness over the catheter tunnel accompanied by a positive culture in the discharge.
Weijmer et al., 2008 (The Netherlands) [41]	To compare the patency and catheter-related complications of this non-tunneled precurved temporary jugular catheter with non-tunneled straight jugular vein catheters. We also related the results to the outcome of tunneled cuffed catheters during this study.	O	B	B	233	ESI: hyperemia, induration, and/or tenderness $\geq 2$ cm from catheter exit site. TI: identified if the development extended along the subcutaneous tunnel.
Zhang et al., 2016 (USA) [66]	Using a registry database, we examined all positive blood cultures by organisms for each type of hemodialysis access over 14 years.	O	B	H	420	ESI: the development of a purulent exudate or redness around the site not resulting from residual stitches.

Design: RCT randomized clinical trial, O observational, QE quasi-experimental, SR systematic review.

Catheter type: T tunneled, NT non-tunneled, B both (tunneled and non-tunneled).

Setting: H hospital, DC dialysis center, B both (hospital and dialysis center).

**Table 3**

Clinical practice guidelines definitions of exit site infection (ESI) and tunnel infection (TI) for hemodialysis catheters.

Year	Publisher	Definition of catheter exit site infection and tunnel infection
2019	The National Kidney Foundation's Kidney Disease Outcomes Quality Initiative (KDOQI) [67]	ESI: Hyperemia, induration, and/ or tenderness $\leq 2$ cm from catheter exit site. May be associated with drainage from the exit site. It may or may not be associated with bacteremia. If there is exit site drainage, it should be collected and sent for Gram staining, culture and sensitivities. TI: Tenderness, hyperemia, and/ or induration that extends along the subcutaneous tunnel. It may or may not be associated with bacteremia. If there is drainage, it should be collected and sent for Gram staining, culture, and sensitivities.
2018	Spanish Multidisciplinary Group on Vascular Access (GEMAV) [20]	Uncomplicated local infection: Existence of inflammatory signs limited to 2 cm around the cutaneous exit site, not extending superiorly towards the catheter cuff (if tunnelled). May or may not be associated with fever and bacteremia and may be accompanied by purulent drainage through the cutaneous exit site. Complicated local infection: with inflammatory signs extending $> 2$ cm from the cutaneous exit site and into the subcutaneous catheter tract (tunnelitis). May or may not be associated with fever and bacteremia and may be accompanied by purulent drainage through the cutaneous exit site.
2018	European Society for Vascular Surgery (ESVS) [69]	ESI: The presence of a purulent discharge or erythema, induration/and or tenderness at the catheter exit site with a positive bacteriological culture of the serous discharge. TI: The presence of purulent discharge from the tunnel or erythema, induration and/or tenderness over the catheter tunnel with a positive culture.
2009	Infectious Diseases Society of America (IDSA) [71]	ESI: Hyperemia, induration, and/or tenderness $\leq 2$ cm from catheter exit site. May be associated with fever and purulent drainage from the exit site. It may or may not be associated with bacteremia. If there is purulent drainage, it should be collected and sent for Gram staining and culture. TI: Tenderness, hyperemia, and/ or induration that extends $> 2$ cm from the exit site and along the subcutaneous tunnel. It may or may not be associated with bacteremia. If there is purulent drainage, it should be collected and sent for Gram staining and culture.
2006	The National Kidney Foundation's Kidney Disease Outcomes Quality Initiative (KDOQI) [5]	ESI: Inflammation confined to the area surrounding the catheter exit site, not extending superiorly beyond the cuff if the catheter is tunneled, with exudate culture result confirmed to be positive. TI: The catheter tunnel superior to the cuff is inflamed, painful, and may have drainage through the exit site that is culture positive.
2006	Canadian Society of Nephrology (CSN) [68]	ESI: Catheter exit site infections are characterized by redness, crusting, and exudate at the exit site in the absence of systemic symptoms and negative blood cultures. TI: No available.
2002	Centers for Disease Control and Prevention (CDC) [70]	ESI: Erythema or induration within 2 cm of the catheter exit site, in the absence of concomitant BSI and without concomitant purulence. TI: Tenderness, erythema, or site induration $> 2$ cm from the catheter site along the subcutaneous tract of a tunneled catheter, in the absence of concomitant bloodstream infection.

**Table 4**

Signs and symptoms used in the documents included in the review (n = 47), for identification of exit site infection and tunnel infection.

Sign / symptom	Exit site infection		Tunnel infection	
	n	%	n	%
Erythema	30	63.83 %	13	27.66 %
Purulent exudate	20	42.55 %	8	17.02 %
Positive culture	26	57.77 %	15	31.91 %
Exudate / discharge (not specific type)	16	34.04 %	9	19.15 %
Induration	13	27.66 %	4	8.51 %
Tenderness	13	27.66 %	12	25.53 %
Crust / Crusting	8	17.02 %	-	-
Pain / Painful	6	12.77 %	7	14.89 %
Fever	5	10.64 %	1	2.13 %
Inflammation	5	10.64 %	5	10.64 %
Hyperemia	4	8.51 %	3	6.38 %
Swelling	3	6.38 %	2	4.26 %
Bloody exudate	2	4.26 %	1	2.13 %
Purulent exudate expressed with manipulation of catheter	2	4.26 %	-	-
Scab / dry scab	2	4.26 %	-	-
Edema	2	4.26 %	-	-
Serous exudate	1	2.13 %	1	2.13 %
Dressing fell off at home	1	2.13 %	-	-
Pruritis	1	2.13 %	-	-
Obvious abscess	1	2.13 %	1	2.13 %
Excoriation of peri-exit site skin	1	2.13 %	-	-
Exuberance/granulation or 'proud flesh'	1	2.13 %	-	-
Chills	1	2.13 %	-	-
Hypotonia	1	2.13 %	-	-
Unusual patient confusion	1	2.13 %	-	-
Cuff visible	-	-	1	2.13 %

health care in the US showed that only 50 % of people are receiving recommended preventive care, with 70 % of patients receiving appropriate acute care, however only 60 % are receiving recommended reasonable chronic care [73].

Among the studies with a definition and clinical practice guidelines, these were highly heterogeneous regarding the definition of exit site and tunnel infection. Most studies and guides used erythema, purulent exudate, any other type of exudate, induration, and tenderness at the exit site to identify exit site infection which are present in around 30 % of cases. Moreover, tunnel infection was mostly identified by erythema and tenderness (around 25 % of revised documents). It is worth highlighting the article by Harwood et al. [29] on infection predictors of the central venous catheter exit site for hemodialysis. Among other variables, this study determined the presence of exit site signs/symptoms with exit site infection determined by culture of peri catheter skin smears and/or exudate. They found that the signs/symptoms that correlated in a statistically significant way were an erythema of less than 5 mm around the exit site ( $p = 0.008$ ), with most of the infected exit sites showing erythema between 1 and 1.5 cm in diameter from the exit site [29]. According to this study, most of the documents included in our review used a diameter  $\geq 2$  cm for erythema, induration, and tenderness to identify exit site infection. Secondly, they found that negative cultures were significantly correlated with the presence of dry scab at the exit site ( $p = 0.03$ ) [29]. Patients with pain and/or exudate and/or sensitivity presented an almost significant relationship ( $p = 0.06$ ) with microbiological confirmation of exit site infection in this study [29].

The 2019 update to the National Kidney Foundation's Kidney Disease Outcomes Quality Initiative (KDOQI) Clinical Practice



Guideline for Vascular Access indicates the heterogeneity in the definitions of exit site infection in the different clinical practice guidelines on hemodialysis vascular access, and the need to agree on a definition [67]. Future research should be aimed at achieving a consensus among international experts on the combination of signs and symptoms for early identify of local infections in hemodialysis catheters.

Three of the revised studies used the Twardowski scale definition of exit site infection [29,52] or a modification of the same [51]. We consider that the use of this scale is inappropriate because, according to recent studies, it has a high sensitivity (close to 100 %) and a low specificity (around 60 %) [74,75]. Also, Rigo et al. found that the Twardowski scale showed differences according to the patient's race, reporting 53.2 % agreement with the score for African Americans descendants and 65.4 % agreement for others [75]. Future research must validate specific definitions and instruments to identify local infections in central venous catheters for hemodialysis.

## Limitations

This review focuses on fully published research, and excludes grey literature and therefore this review may have been subject to publication bias. Also, consider the heterogeneity in the definitions of the studied phenomenon musts in the interpretation of the analysis displayed.

## Conclusions

In conclusion, literature refers high heterogeneity in the signs and symptoms used for determining exit site and tunnel tract infection in tunneled or non-tunneled central venous catheters for hemodialysis. Erythema, purulent exudate or exudate / discharge (not specific type), induration and tenderness were the signs and symptoms with low consensus in the literature for determining local infections in central venous catheters for hemodialysis. This review shows the need to reach a consensus on an international definition of the signs/symptoms to determine the presence of local infections (exit site and tunnel infections) in central venous catheters for hemodialysis. Furthermore, validation studies of diagnostic criteria instruments for exit site and tunnel infections in hemodialysis catheters are necessities.

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## CRediT authorship contribution statement

**José Luis Cobo-Sánchez, Ian Blanco-Mavillard and Noelia Mancebo-Salas:** conceptualised, designed and conducted the literature review; drafted the manuscript. **Susana Moya-Mier, Faustino González-Menéndez, Cristina Renedo-González, Mercedes Lázaro-Otero, Raquel Pelayo-Alonso, Zulema Gancedo-González, Joan Ernest de Pedro-Gómez:** contributed to the design of the review, reviewed and revised the manuscript.

## Declaration of Competing Interest

None.

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