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**Title**: Addressing ethical confusion in deceased donation and transplantation research: the need for dedicated guidance

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DM wrote the initial manuscript, led manuscript editing and wrote the final manuscript. AJC, ADA, FVH, JEL, EM, and GCO contributed to critical revision of the manuscript. BP contributed to critical revision of the initial and subsequent manuscripts. All authors approved the final version of the manuscript.

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## Abstract:

## Main problem

Innovative research in deceased donation and transplantation often presents ethical challenges for researchers and those responsible for ethical governance of research. These challenges have been recognized as potential barriers to the conduct of research.

#### Methods

We review the literature to identify and describe ethical considerations that may cause confusion or uncertainty in the context of research involving potential deceased donors or deceased donor transplantation. We normatively examine these considerations and discuss their implications for the ethical conduct of research.

#### Results

In addition to the complexities of research involving critically ill, dying, or recently deceased individuals, uncertainty may arise regarding the ethical status of various individuals who may be involved in research aimed at improving availability and outcomes of organ transplantation. Consequently, routine ethical guidelines for clinical research may fail to provide clear guidance with regards to the design, conduct and governance of some deceased donation or transplantation studies. Ethical uncertainty may result in delays or barriers to research, or neglect of important ethical considerations.

#### Conclusion

Specific ethical guidance is needed to support research in deceased donation and transplantation as the ethical considerations that arise in the design and conduct of such research may not be addressed in existing guidelines for human research.

#### **Abbreviations:**

DCD - donation after circulatory death

**ECD** – extended criteria donor

HREC - human research ethics committee

NDD – neurological determination of death

**RDDT** – research in deceased donation and transplantation

### 1 Introduction

Innovation and ethical complexity are an integral part of research and clinical practice in organ and tissue donation and transplantation. This is particularly true in the context of deceased organ donation where potential conflicts of interest in clinical decision-making may intersect with scientific and philosophical uncertainties regarding the determination of death.[1] Research relating to deceased donation and transplantation is also ethically complex because it typically involves participation by people who are critically ill, dying, or recently deceased (all of whom may be 'potential deceased donors'); reliance on substitute decision-makers at a time of significant personal anxiety and distress (kin of potential donors); and involvement of people for whom participation in research may represent a scarce and potentially lifesaving opportunity (potential transplant recipients). New ethical challenges have also arisen with the expansion of organ donation following determination of death using circulatory criteria and the emergence of novel techniques and therapies for use in organ repair and replacement. Several authors have observed that ethical considerations and related logistical and regulatory factors may present potential barriers to clinically oriented, innovative research in donation and transplantation.[2-5] The success of continued work to increase the availability of organs for transplantation and to improve outcomes for transplant recipients depends on the ethical conduct of research in this field and on efforts to address ethical considerations that may pose a barrier to the research itself.[6]

In this paper we explore several ethical considerations that may cause confusion or uncertainty in the context of research involving potential deceased donors or deceased donor transplantation (henceforth 'research in deceased donation and transplantation' (RDDT)). As shown in **Table 1**, there are several interrelated and overlapping types of innovative research that may intersect with donation and transplantation decision-making or activities during the end-of-life period, and which may be associated with specific ethical considerations and complexities. One such consideration is whether the research will actually result in transplant, will relate to future transplant, or will use donor tissue for purposes unrelated to transplant. We focus on research of types 2-4, namely, donor and ex-situ organ intervention studies that aim to improve the viability of organs recovered for transplantation,[4,7,8] and studies in which transplant interventions are tested in recently deceased individuals.[9,10] These types of studies explore vital opportunities to expand the number of potential deceased organ donors, to improve outcomes of transplantation, and to reduce risks associated with early stage trials of innovative technologies and new therapeutics for transplantation.

We do not seek to provide practical ethical guidance in this paper but rather to lay the foundations for future development of ethical guidelines specifically for RDDT. In particular, we clarify a fundamental

ethical challenge that may be more common in RDDT studies than in other forms of clinical research during the end of life period, namely determination of the ethical status of various individuals who may be indirectly or directly involved in the research. Determinations of ethical status in a research protocol have significant implications for ethical governance and conduct of the research; for example, identification of individuals as participants in research may entail specific requirements with regards to consent for their involvement. We also discuss uncertainties that may arise with regards to management of common research ethics considerations in the context of RDDT, specifically concerns regarding consent, proportionality of risks and benefits, and equity. In conclusion we argue that new ethical guidelines are needed to address the exceptional ethical challenges associated with RDDT and ensure public trust in research activities.

Table 1 – Types of research of relevance to donation and transplantation during the end-of-life			
period			
	Туре	Examples of research	Examples of potential ethical
			concerns about the research
1	Social sciences research	qualitative studies exploring	potential exacerbation of family
	relating to decision-making	factors influencing decisions to	distress when approaching
	about deceased donation or	authorise deceased donation	family to discuss sensitive issues
3	transplantation of deceased	on behalf of a relative;	at a time of emotional upheaval
	donor organs and tissues	interventions to improve	
		quality of communication with	
		donation decision-makers.[11]	
2	Clinical research involving pot	ential and actual deceased donors	<u> </u>
2a	donor (ante	trial of anticoagulants ante	potential impact of experimental
	mortem)	mortem in potential donors;	interventions on end-of-life care
	intervention		of the potential donor;
	studies		
2b	donor (post	trial of steroids in potential	unsuccessful trials may
	mortem)	donors following neurological	jeopardise the quality of organs
	intervention	determination of death;[12]	that would otherwise be suitable
	studies	,, ,	for transplantation.[2]
2c	<ul> <li>donor observation</li> </ul>	thanatological studies	potential impact of research on
	studies	investigating the determination	end-of-life care, and the
		of death and phenomena such	experience of donor families[13]
		as autoresuscitation.[13-15]	
3	Clinical research with the	trial of bio-synthetic organs or	Potentially disrespectful
	recently deceased(10) (16)	xenografts,[8,9] or of novel	treatment of the dead – changes
		transplant surgical techniques	to physical appearance or delay
		in the body of a person	of laying to rest – which may
		following neurological	exacerbate trauma or grief on
		determination of death (NDD)	the part of the deceased's
			family.[16]
4	Clinical research involving org	ans or tissues donated after death	<u> </u>

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4a	<ul> <li>Ex-situ organ</li> </ul>	trials of machine perfusion	unsuccessful trials may
	intervention		jeopardise the quality of organs
	studies		that would otherwise be suitable
			for transplantation.[2]
4b	<ul> <li>Post-transplant</li> </ul>	trials of immunosuppressants;	recipients may have foregone
	studies in	studies evaluating quality of life	standard of care transplant for
	recipients of	post transplantation.	research transplant of uncertain
	deceased donor		benefit.
	organs or tissues		
	obtained via other		
	research described		
	in this table		
5	Basic scientific research	investigation of organ	donated organs may be used in
	using organs or tissues	physiology	for-profit research; disposed of
	donated after death		without according due respect
			for values or cultural beliefs of
			donors or donor families; or
			inappropriately taken from the
			pool of organs viable for
			transplant
			·

Determining the ethical status of individuals who may be involved in research

Broadly speaking, "human research" encompasses any form of research that is "conducted with or about people, or their data or tissue" including research in which people are unaware of the use of their data or biological materials.[17] Much of the human research ethics literature is focused on ethical critiques of and guidance for practice in the context of clinical trials involving interventions in healthy volunteers or patients requiring therapy.[18] In this kind of research, these individuals are typically designated as human subjects or participants. These terms broadly refer to individuals from or about whom data is collected or generated for the purpose of research. We employ the term participant in this paper as it is now preferred in many countries.[19] The designation of research participant confers a particular ethical significance or status in the context of research activities (see **Box 1**); participants are usually the primary focus of ethical consideration, and their protection from exploitation and undue harm is a core ethical

goal. Ethical consideration may also be given to other individuals or groups who may be involved in other ways or affected indirectly by the research.

# Box 1 - Ethical status in research vs moral status

We use the term "ethical status" here to refer to the ethical significance of individuals which is defined with respect to the nature of their involvement in research in a particular context. Ethical status will be relative in a particular context.

In contrast, the term "moral status" is typically used in ethics and philosophy to refer to the *intrinsic value* accorded to particular entities by virtue of inherent properties such as species membership, vital status, or cognitive capabilities. A clear distinction is made between the moral status of living persons and deceased individuals.

For example, the ethical status of living, human individuals involved in various ways in a research study may differ, with the highest ethical status usually accorded to those deemed to be participants in a study. In contrast, all living human beings would be equally accorded the highest moral status irrespective of their roles in the research.

In the context of RDDT, determining the ethical status of individuals who may be involved in the research is often complicated. For example, the status of some individuals may change throughout the course of a study – for example, when an individual dies – which may create confusion regarding ethical obligations towards that individual over time. In addition, many individuals may be involved in the research in ways that are not typical of clinical research participation, making it difficult to determine when an individual should be considered a participant as such. Individuals who may play vital roles in decision-making and be profoundly impacted by the research may not be considered participants as such, including the family of deceased donors. Research ethics guidelines may thus appear to provide little guidance with respect to the treatment of individuals who are usually a focus of ethical concern in routine donation and transplantation practice.

Other forms of ethical guidance and governance exist for research that takes place outside clinical trials. For example, ethical guidelines have been developed for biobanking and for biospecimens research.[10,20] However, these may also fail to address some of the unique aspects of RDDT, given that

much of RDDT involves elements of clinical trials research that are not typical of biobanking research. Ethical governance of biobanks has also been critiqued as failing to adequately consider the interests of donors to biobanks as research participants. [21] This highlights the need for nuanced accounts of research participation or involvement that can engage fully with the potential implications of ethically significant involvement in specific kinds of research. We focus here on individuals or groups whose role in research activities is personal rather than professional; for example, we exclude consideration of researchers themselves and other stakeholders such as research funders and organizations.

## 2.1 Potential donors prior to their death

The involvement of potential deceased donors in research is likely to be considered during their end-of-life care, and often prior to their death. At the time of decision-making about deceased donation, those who are authorised to make or confirm a decision about donation may also be asked to consider opportunities for involvement of the potential donor in research. For example, the person's organs or tissues might be donated for use in research if they are deemed unsuitable for transplantation.

Where an intervention is proposed to occur prior to the person's death in the context of a research study, the person (potential donor) is likely to be considered a participant. However, where permission is sought simply for use of deceased donor organs or tissues in research, in some jurisdictions the potential donor may not be considered a participant in the research as such, or not recognized as a participant in the sense of being accorded significant ethical status in the context of the research. This may be because the potential donor is considered through the ethical lens of organ and tissue donation frameworks rather than that of research, or because the donation for research is treated as akin to biobank donation with only limited consideration of the donor as participant.[21]

#### 2.2 The recently deceased

The ethical status of individuals whose involvement in RDDT commences following death is uncertain. In some countries only living persons are considered potential research participants, e.g., in the United States.[22] While there is often an implicit or explicit assumption in donor intervention studies, for example, that formal human research ethics committee (HREC) review is not needed for the deceased, other studies recognize the need for HREC review and designate deceased donors as participants.[5,23]

Ethical concern for the treatment of bodies after death, and for the potential posthumous interests of the deceased is a matter of philosophical debate, for example, with respect to the question of whether a deceased person can suffer harm.[22,24] While most agree that there are important ethical considerations with regards to the treatment of the deceased, there is also consensus that the living are necessarily of greater ethical concern. Accordingly, ethical constraints on the treatment of the deceased

are often strongest when framed in the context of their potential impact on the living. In RDDT, the involvement of the deceased usually occurs at or immediately after their death. This may heighten ethical concerns for researchers and for the family of the deceased, as the recently deceased often have special significance for the living,[16] in particular those determined to be dead by neurological criteria but who continue to receive organ preservation support - "the heart beating recently deceased".[25]

Clinician-researchers involved in donation and transplantation may be accustomed to managing a shift in the ethical status of patients who die and become donors. After death is declared, for example, the procurement of organs and tissues becomes ethically permissible despite being prohibited only moments before. However, many of the clinical ethical standards applied to the critically ill and dying person have parallels in the treatment of the recently deceased. For example, the deceased's family may be consulted regarding decisions about the care of the deceased, most notably with regards to decisions about donation that are made after NDD. Significant care is taken not only to ensure that the body of the deceased is treated respectfully, but that the wishes of the deceased – when these are known or may be estimated - are considered in making posthumous decisions on their behalf.

When responding to a case presented in a survey by Rodrigue et al., a majority (71%) of American transplant surgeon participants indicated that a deceased donor would face at least a minimal risk of harm in a hypothetical donor intervention study. [26] Rodrigue et al. suggest these responses may reflect concerns about the impact of study involvement on the donors' interests in successfully donating organs for transplantation, or on donor privacy. [16] The finding is consistent with other studies and commentaries that indicate a belief that the recently deceased are capable of being harmed, or at least wrongfully treated in ways that are ethically important. [16,27] (See **Table 3**) For those who believe that death does not truly occur until after permanent cessation of circulation or who lack confidence in the NDD, including those who may nevertheless support organ donation after NDD, research involving the heart beating recently deceased may also raise concerns about potential conflicts of interest in the determination of death and heighten fears about risks for potential participants.

No authoritative national or international ethical guidelines for human research provide advice specifically with regards to the involvement of the recently deceased, leaving only the general recommendations of the North American multidisciplinary Consensus Panel on Research with the Recently Dead convened in 2005.[16] Even where general research ethics guidance can effectively support decision-making, expert legal analysis of interrelated regulations may also be needed to navigate gaps or conflicts in legislation that may be applicable to research involving the recently deceased.[28] The involvement of the deceased in particular kinds of research may be limited, for example, by lack of clarity or inconsistencies in

legislation governing the recovery of tissues or organs from deceased donors,[4,29] or the treatment or storage of deceased bodies. Furthermore, legislation that permits surrogate decision-makers to provide consent for the recovery and use of organs and tissues after death in research may not clearly encompass the possibility of donor bodies being sustained through artificial ventilation for use in research.

## 2.3 Transplant recipients

Several authors have discussed the ethical status of transplant recipients who receive organs recovered as part of a donor intervention study. [4,23,26,28] In the US context, Heffernan and Glazier observe that recipients may be considered research subjects if "the transplant is itself an "experimental" intervention about which data will be systematically collected", if "research-driven interventions [involve] the recipient (other than the transplant itself)", or if "identifiable information about the recipient [is collected] for research purposes". [23] They point out that from a legal perspective in the US, merely receiving an organ that was procured from a donor who was part of a donor intervention study does not constitute involvement in research as a subject. In contrast to other jurisdictions (e.g. Australia), the US permits the use of nonidentifiable transplant recipient outcome data as part of donor intervention studies without entailing recognition of recipients as research subjects. [23]

Some have discussed whether recipients of "bystander organs" should be considered research participants.[3,30] Bystander organs are those that were not the target in a particular donor intervention study, but were nevertheless obtained from a donor in whom an intervention was performed. If recipients of non-target organs are not followed up from a research perspective, then they may not qualify as participants given information about them is not collected for the purpose of research. However, bystander recipients are likely to share many of the concerns that those involved in research may have with regards to receiving information about the donor intervention and how this may influence the potential risks and benefits of the organs they receive.[31] The design of a study may impact bystander recipients and others in ethically important ways, requiring careful oversight irrespective of whether individuals are participants in the research.[30] Transplant recipients may also become retrospective participants in other kinds of research, for example if there is retrospective analysis of transplant outcomes in recipients of organs from donors who were part of intensive care research prior to death, where this research was not aimed at improving donation or transplantation outcomes.[32]

## 2.4 Deceased donor organs

Donated organs are usually recognized as ethically significant; the World Health Organization, for example, describes them as having an "exceptional nature" distinct from medical products of non-human origin.[33] However their ethical or moral status derives from their relationship to the donor, or following

transplantation from their relationship to the recipient. For example, if an organ is removed via standard procedures during the course of a routine deceased donation procedure and then used in an experimental machine perfusion study and transplanted, it is likely the recipient of the organ will be considered a participant in the study.

If organs were instead removed from a living person for use in research, the donor would be recognized as a human participant in the research in many countries. If an experimental intervention occurred with the organs in situ in the deceased donor, then the study would fall within the scope of research involving the recently deceased. While the research itself is likely to be considered human research given the involvement of the transplant recipients, the role of the donor and the potential interests of the donor or their family in the study may be overlooked in the absence of due recognition for the ethical significance of the organs.

Arguably, donation of organs for transplantation implies a willingness to contribute to research or other activities such as clinical training which may benefit others, and that donation should be an unconditional gift. However, the unconditional gift of donation for transplantation should be distinguished from donation for research purposes, in which living donors are typically given the opportunity to make informed decisions about how donations may be used in research. In the United Kingdom, for example, consent for donation is distinguished from consent for use of organs or tissues from deceased donors in research.[34]

## 2.5 Donor families

Donor families are frequently closely involved and impacted by RDDT, given their potential role in decision-making about donation, end-of-life care, and inclusion of potential donors in research. Although donor families are not usually participants in RDDT in the sense that data is not collected about them — except if they participate in Type 1 research — they are often tasked with providing surrogate consent to research involving potential donors. Families also have ethical significance and must be considered when evaluating the potential benefits and risks of research given that the treatment of the potential donors during research may significantly impact their families from an emotional perspective. Some kinds of research may also materially impact families, for example when information collected about donors is also information about families.

3 Ethical considerations in deceased donation and transplantation research

# 3.1 Requirements for consent

For many researchers, the ethical status of individuals involved in RDDT, and in particular their designation as research participants, is primarily of interest because of its implications for consent requirements. The requirement to obtain consent for participation in research (including consent by surrogate decision-makers on behalf of potential participants who lack decision-making capacity) is considered an ethical priority because it serves to promote the autonomy of individuals who may contribute to research as participants, and to protect people who may be most at risk of harm from research. It is therefore essential for maintaining public trust in research activities, in particular by assuring individuals and communities that they have control over their involvement in research. However, even when stakeholders are recognized as participants, consent in some studies may be waived.[35,36] Furthermore, when consent is required, there may be considerable variation in the specific requirements.

**Table 2** outlines some of the general points of ethical uncertainty with regards to consent requirements in the context of RDDT. Similar considerations have been raised in the context of clinical consent for antemortem interventions in potential donors and protocols for DCD,[37] and consent for transplantation using extended criteria donor (ECD) organs in the absence of research activity, highlighting the need for research ethics frameworks to engage with clinical ethics work on decision-making in these contexts.

Table 2 – Ethical uncertainty regarding requirements for consent to participation in research		
Areas of ethical uncertainty	Possible influential factors	
Authority for decision-making	potential donors usually lack capacity to provide consent	
on behalf of potential	at the time of potential participation in research;	
deceased donors	different legislation may determine authority for decision-	
	making about end-of-life care, deceased donation, use of	
	donated organs in research or involvement of potential	
	donors in research prior to death.[4,29]	
	<ul> <li>In some jurisdictions recognition as a research subject</li> </ul>	
	entails an obligation to obtain participant consent, which	
	may be logistically burdensome or unfeasible in some	
	contexts.[38]	
Information requirements	decision-makers may vary in their preferences regarding	

	level of detail of information
	Regulatory requirements for consent in research may
	require review of extensive or generic information which
	may conflict with decision-maker needs and preferences
	regarding information.
	potentially signficant burdens of decision-making and
	barriers to timely consent for research associated with
Voluntariness of consent	potential conflicts of interest on the part of surrogate
	decision-makers or those supporting their decision-
	making, as is the case when surrogates provide consent
	for deceased donation per se.[1,39,40]
	pressures on potential transplant recipients to agree to
	participate in research if participation is likely to increase
4	their chance of receiving a life-saving transplant.
Capacity for decision-making	decision-making about research is likely to occur under
	significant time pressures and in addition to burdensome
	decision-making about other matters.[31,38,41]
	burdens of decision-making may impact capacity of
	decision-makers to receive, process and apply information
	effectively in decision-making.
Limitations on individual	specific study protocols influence the range of choices
choice within research	available to individuals or surrogate decision-makers with
protocols /Extent of choices/	regards to interventions in potential donors, or to
Determining which decisions	transplant offers
are pertinent to specific	despite recognition of an individual as a participant in, or
research participants	authorizer of, research, it may be difficult to determine
	which steps in the research protocol are specifically
	relevant to that individual and hence require specific
	disclosure and consent, e.g., decisions about particular
	methods of organ preservation that involve reperfusion
	1

# 3.2 Risks and potential benefits of involvement in research

The ethical status of individuals involved in research also often corresponds to the nature of their involvement and associated risks and potential benefits, examples of which are summarised in **Table 3**. These are general examples; some risks may be modifiable or absent in some studies. The probability and magnitude of risks and potential benefits will vary according to individual studies and participants. For example, the risks and benefits of participation in research by transplant candidates will be heavily influenced by the potential impact of the research on their opportunities for transplantation, which will require evaluation in the context of individual circumstances when a transplant offer is made.

Table 3 – Examples of potential benefits and risks associated with involvement in deceased			
donation and transplantation research			
Individuals involved	Potential risks of involvement in	Potential benefits of	
4	research	involvement in research	
Potential deceased donors	Potential negative impact on	Hawthorne effect (e.g. more	
(ante-mortem)	aspects of end-of-life care, e.g.	attentive care or intensive	
	increased number or prolongation	follow up);[42] fulfillment of	
	of invasive clinical interventions.	altruistic goals including	
		donation-related goals	
Recently deceased	concerns have been expressed	Fulfillment of altruistic goals	
(assuming that	regarding the potential for	including donation-related	
posthumous harms and	"disrespectful treatment" of the	goals.	
benefits are considered	recently deceased, with examples		
possible)	cited such as overly long duration		
	of use of the deceased body for		
	research purposes; inappropriate		
	disposal of the body or remains		
	following research; unnecessarily		
	invasive research; use in research		
	that would be inconsistent with		
	the deceased's own preferences		
	or values; or use that otherwise		

	may cause distress or	
	inconvenience to the family of the	
	deceased.[10,16]	
Families of potential	Families may experience burdens	Psychosocial benefits including
donors	of additional decision-making,	satisfaction in helping to
	potential psychosocial burdens or	achieve relative's donation or
	harms associated with changes in	research related goals, and
	end-of-life care of the potential	finding comfort or solace in
	donor as a consequence of	their grief as a result of the
	research requirements, e.g.	deceased's successful
	delayed funerals, distress	donation or contribution to
	associated with particular uses of	knowledge that could
	the deceased in research.	eventually improve the field of
4	Particularly innovative studies	organ donation and
	may also threaten the privacy of	transplantation.
	donors and their families, for	
	example when rare transplants	
	are performed using vascular	
	composite allografts.	
Transplant recipients	Potential additional burdens	Therapeutic benefits of any
	associated with research	immediate transplant
	participation such as additional	opportunity, potential future
	invasive tests or interviews for	benefits from application of
	data collection; risks of	research knowledge in future
	unexpected harms resulting from	transplant opportunities;
	experimental interventions.	psychosocial benefits of
		achieved altruism, contributing
		to transplant community.

# 3.3 Equity in research

Equity in access to the benefits of research and in distribution of the burdens of research participation is an important goal in research ethics. In the context of RDDT, equity considerations may intersect with broader concerns about equity in donation and transplantation. For example, selection of transplant candidates as participants in research requires consideration of equity in allocation of organs for transplantation. Care must be taken to ensure that research interests do not disrupt organ allocation systems in ways that create or exacerbate inequities in access to transplantation, for example if donors or organs are diverted to transplant centres involved in research.[30] Care must also be taken to ensure that deceased donors involved in research are not disproportionately recruited from marginalized or vulnerable populations, especially via potentially coercive incentives.[9]

While research may expand the supply of organs suitable for transplantation, some research may result in loss of organs at least in the short term, for example if interventions have a negative impact on organ viability, or if organ offers are declined due to concerns about the quality of organs that are recovered as part of a research trial. In some contexts, research activities may also raise concerns about exacerbating inequities in healthcare more broadly, for example if resources used to conduct research such as intensive care services are consequently not available for use in other patients.

## 4 Ethical guidance is needed to address barriers to RDTT

Several commentators note ethical considerations or uncertainty represent a significant barrier to innovative research in donation and transplantation. [2,43] While this may be true of much research, RDTT faces additional barriers due to the inherent complexity of studies that involve multiple stakeholders, some of whom may be expected to change ethical status during the study (donors die), the presence of pre-existing conflicts of interest and challenges in decision-making (i.e. for donation and transplant offer acceptance), the time critical nature of much decision-making, and the involvement of some clinical practices that remain (at least in some jurisdictions) ethically if not clinically contentious (e.g. donation after euthanasia). This means that those responsible for reviewing or guiding ethical conduct of the research must first grapple with the ethical complexities of deceased donation and transplantation before contending with additional considerations of the research.

HRECs may struggle to assess and provide advice on proposed research in more specialised fields due to lack of familiarity with technical or scientific aspects. In the case of RDTT, these challenges may be exacerbated by lack of familiarity with some of the unique ethical aspects of donation and transplantation. Despite clinical experience with these ethical aspects, researchers may also have

difficulty engaging with them from the research perspective. Confusion regarding the ethical considerations of RDDT is evident in the uncertainty demonstrated by HRECs and researchers regarding the ethical status of individuals involved in research.[5,26] Such confusion risks undermining public confidence and trust not only in the research but also in donation and transplantation activities more broadly.

Training and guidance are needed to support researchers and HRECs in designing, evaluating and conducting RDDT. Furthermore, variations to existing protocols and novel procedures may not always be recognized as constituting research as such, or may initially require ethical governance under the clinical innovation framework. [44-47] Dedicated HRECs at the regional or national level may be helpful in ensuring sufficiency of expertise to provide oversight of studies that are likely to be relatively rare in the experience of most HRECS, and help to address issues that may arise when multiple HRECS are involved in review of studies with differing levels of expertise. In the United Kingdom, for example, the recently established Research Innovation and Novel Technologies Advisory Group (RINTAG) provides guidance and helps to facilitate RDDT. [48] RINTAG supports HRECs in ensuring that RDDT meets relevant legal and ethical standards for donation and transplantation. [48] In the case of research involving the recently deceased, we suggest that in the absence of specialist review boards for such research as proposed by Parent et al, [49] all studies should be subject to review by HRECs, who should consult existing guidelines for research in the recently deceased, [16] and expert bodies such as RINTAG.

Existing ethical guidelines for RDDT from the US and the UK provide a helpful starting point for guideline development in other countries, [3,48] although these may not address all the ethical considerations that may arise in the context of research types outlined in **Table 1**. Each of the ethical considerations briefly outlined in this paper and many more require careful explication in order to formulate specific principles to guide evaluation and management of concerns in the context of new research protocols. The context in which research is conducted, with regards to the clinical, economic and sociocultural environment as well as the relevant jurisdiction may require more nuanced ethical guidance. Nevertheless, international collaboration on guideline development will be helpful in supporting consistency of ethical practice around the world, addressing potential ethical barriers to international collaboration on research, and ensuring that public trust in deceased donation and transplantation extends to research in this field.

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