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Protein diagenesis in archaeological gastropod shells and the suitability of this material for amino acid racemisation dating: *Phorcus lineatus* (da Costa, 1778)

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- 1 Protein diagenesis in archaeological gastropod shells and the suitability of this material
- 2 for amino acid racemisation dating: *Phorcus lineatus* (da Costa, 1778)

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12

13 Abstract

14

- 15 The inter- and intra-crystalline fractions of the topshell *Phorcus lineatus* recovered from
- modern specimens and shells from archaeological sites in Northern Spain covering Neolithic,
- Mesolithic, and Upper Magdalenian periods were examined for amino acid composition and
- 18 racemisation over time. The main loss of proteins from the inter-crystalline fraction occurred
- within the first 6,000 years after the death of the organism. In contrast, the intra-crystalline
- 20 fraction isolated by bleaching—with a different protein composition to that of the inter-
- 21 crystalline fraction—appeared to behave like a closed system for at least 12.6 ka, as reflected
- by the lack of a significant decrease in amino acid content. However, changes in the relative

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| 23 | composition of the amino acids present in these shells occurred during this period. The |
| 24 | concentration of aspartic acid remained almost constant with age within the intra-crystalline |
| 25 | fraction and its contribution to the total amino acid content also remained the same. Good |
| 26 | correspondence was obtained between Asx D/L values in unbleached and bleached samples |
| 27 | and age, thereby allowing the dating of archaeological sites and the determination of |
| 28 | chronometric age. |
| 29 | |
| 30 | Key-words: Phorcus lineatus; inter- and intra-crystalline proteins; amino acids; |
| 31 | microstructure; archaeology |
| 32 | |
| 33 34 | Highlights: |
| 54 | |
| 35 | - Inter- and intra-crystalline protein fractions of P. lineatus shells differ (amino acid |
| 36 | proportions). |
| 37 | - The main loss of proteins (85-90%) from the inter-crystalline fraction occurs within |
| 38 | the first 6 ka. |
| 39 | - The intra-crystalline protein fraction behaves like a closed-system. |
| 40 | - Asx D/L in unbleached and bleached P. lineatus specimens can be used for |
| 41 | chronological purposes over ~ 13 ka. |
| 12 | - The percentage of aspartic acid remained constant in intra-crystalline proteins for over |

ca. 13 ka.

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1. Introduction

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Dating archaeological sites is crucial for interpreting changes in past human behaviour and for reconstructing environmental conditions. In recent decades, radiocarbon dating has become the most common approach for the chronological assessment of archaeological sites (Taylor, 1987; Stuiver and Brazuinas, 1993; Bronck Ramsey et al., 2004; Reimer et al., 2013). However, the limitations of the method (e.g. expense, time-constraints) makes it difficult to date large numbers of samples. In addition, radiocarbon dating is not suitable for dating samples older than 50 ka (Walker, 2005; Chiu et al., 2007; Reimer et al., 2013). In this context, it is therefore necessary to develop cheaper and faster methods for the chronological analysis of archaeological deposits. Amino acid racemisation (AAR) is one of the most used alternative methods to radiocarbon dating, as it is a faster and less expensive technique, allowing the dating of archaeological sites (Masters and Bada, 1977; Wehmiller, 1977). While AAR dating goes beyond the time range of the radiocarbon method, it has also been employed for dating Holocene sites (e.g. Bateman, 2008; Ortiz et al., 2009, 2015; Demarchi et al., 2011). Moreover, many studies have demonstrated that AAR is a satisfactory tool for dating a range of material from palaeontological and archaeological sites, such as teeth and shells (Helfman and Bada, 1976; Wehmiller, 1977; Julg et al., 1987; Bateman, 2008; Torres et al., 2013, among others). Shell middens are unique archaeological deposits composed of large amounts of shells that were discarded by humans in the past after use or consumption of their content (Waselkov, 1987; Stein, 1992; Colonese et al., 2011; Gutiérrez-Zugasti et al., 2011). Understanding shell midden formation/transformation/erosion, as well as changes in subsistence strategies and

69 settlement patterns of human groups, usually requires a large number of dates to be obtained. In this regard, AAR can be helpful for chronological purposes in this type of context, as a 70 large number of samples can be analysed from a single horizon, thus facilitating the 71 72 identification of time-averaging and the time over which a certain site formed (Kowalewski et al., 1998), or potential anthropogenic heating (Demarchi et al., 2011). 73 In Atlantic Europe, previous studies have centered on the use of the limpet Patella vulgata 74 Linnaeus, 1758 for dating Palaeolithic, Mesolithic and Neolithic shell middens (Bateman, 75 2008; Ortiz et al., 2009, 2015; Demarchi et al., 2011). Recent studies of modern and 76 archaeological P. vulgata in northern Spain have shown the potential of inter- and intra-77 crystalline proteins in the shells of this limpet for AAR geochronology (Ortiz et al., 2009, 78 79 2015; Demarchi et al., 2013a,b). In the studies of Demarchi et al. (2013a, b), artificial 80 diagenesis was induced in the whole protein content (inter- and intra-crystalline proteins) and in the isolated intra-crystalline protein fraction (IcP) of modern Patella shells. The extent and 81 racemisation of various amino acids provided data on protein diagenesis in modern limpets, 82 showing that the IcP fraction behaves like a closed system and is thus suitable for 83 84 geochronological purposes. Ortiz et al (2015) revealed the patterns of protein degradation in fossil P. vulgata representatives collected from several archaeological sites of diverse ages 85 (ca. 34 ka cal BP to 5.8 ka cal BP) in Northern Spain, by examining the amino acid content 86 and D/L values in the whole protein content and the IcP fraction separately. The main protein 87 88 leaching from the inter-crystalline fraction was observed to occur within the first 6 ka after the death of the organism. In contrast, the IcP fraction, which has a distinct protein 89 composition to that of the inter-crystalline fraction, appeared to behave as a closed system for 90 at least 34 ka. Notwithstanding, Asx D/L values appeared to be suitable for geochronological 91 purposes even when considering the whole protein fraction, likely to be due to rapid initial 92 leaching of the inter-crystalline matrix (Ortiz et al., 2015). 93

| 94 | In contrast, the inter-crystalline fraction of <i>Glycymeris</i> sp. shells does not seem to behave as a |
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| 95 | closed system, with the inter- and intra-crystalline proteins probably being similar (Demarchi |
| 96 | et al., 2015, Ortiz et al., 2017). In spite of the high intra-sample variability, the extent of |
| 97 | racemisation in unbleached Glycymeris sp. shells should be used with caution for AAR dating |
| 98 | (Torres et al., 2014; Demarchi et al., 2015; Ortiz et al., 2017). |
| 99 | In a recent study, <i>Phorcus turbinatus</i> shells were subjected to AAR analysis in Ksâr 'Akil site |
| 100 | (Lebanon). IcPs provided a robust fraction for AAR dating, showing closed-system behaviour |
| 101 | (Bosch et al., 2015). However, the poor resolution of the D/L values obtained on multiple |
| 102 | amino acids hampered the usefulness of AAR for chronological applications within this site, |
| 103 | at least between 43 to 30 ka BP. |
| 104 | Therefore, further research is required to clarify the processes of protein preservation and |
| 105 | degradation and the concomitant success of AAR for dating archaeological localities using |
| 106 | molluscs. The quality of the archaeological record, as well as the range of species available |
| 107 | and their abundance, makes northern Spain an excellent area to test dating methods such as |
| 108 | AAR. Although the limpet P. vulgata is one of the most common species in archaeological |
| 109 | sites in northern Iberia, other molluscs are also present, including the topshell Phorcus |
| 110 | lineatus (da Costa, 1778) (syn. Osilinus lineatus). This mollusc, also known as toothed or |
| 111 | thick topshell, is commonly found in archaeological sites of a range of ages in northern Spain |
| 112 | (Table 1; González-Morales, 1982; Bailey and Craighead, 2003; Gutiérrez-Zugasti, 2009, |
| 113 | 2011; Álvarez-Fernández, 2011), thereby allowing the analysis of long-term chronological |
| 114 | sequences. Previous mineralogical studies (by SEM and X-ray diffraction) of P. lineatus |
| 115 | shells (Fig. 2) have shown that they have a very thin calcite outer layer (with foliated and |
| 116 | prismatic structures) and an inner nacreous aragonite layer (Mannino et al., 2003; Mannino |
| 117 | and Thomas, 2007; Gutiérrez-Zugasti et al., 2015). These studies showed that the inner |
| 118 | aragonitic structures of archaeological P. lineatus shells remained unaltered and well |

| 119 | preserved over 8,000 yr time range, probably not undergoing recrystallization or post- |
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| 120 | depositional isotopic exchange (Mannino, 2000; Mannino et al., 2003; Mannino and Thomas, |
| 121 | 2007), therefore likely to be suitable for AAR dating. |
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| 123 | Therefore, here we provide the background to the successful application of AAR of P . |
| 124 | lineatus for geochronological purposes. We report the systematic study of the behaviour of |
| 125 | the whole protein content (inter- and intra-crystalline proteins) and the IcP fraction (bleaching |
| 126 | tests) separately within this species. To this end, we did the following: |
| 127 | - Tested the patterns of diagenetic reactions and robustness of whole protein content and IcP |
| 128 | fraction during artificial diagenesis (leaching tests at high temperature). |
| 129 | - Compared the diagenetic patterns in archaeological representatives within the IcP fraction |
| 130 | and the whole-shell proteins. Shell specimens from archaeological sites of known ages (Fig.1, |
| 131 | Table 1) covering the Upper Magdalenian (16.3-13.5 ka cal BP), Azilian (13.5-10.7 ka cal |
| 132 | BP), Mesolithic (10.7-6.3 ka cal BP), and Neolithic (ca. 6.3-5.7 ka cal BP) periods were |
| 133 | selected for analysis |
| 134 | - Evaluated the potential for artificial diagenesis at high temperature in order to mimic |
| 135 | diagenesis in archaeological sites, by comparing results from heated and archaeological |
| 136 | shells. |
| 137 | - Tested the suitability of AAR for dating purposes. |
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139 **2. Material and methods**

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| A total of 101 shell samples of <i>P. lineatus</i> were selected from 19 stratigraphic levels |
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| belonging to 8 archaeological sites located in the regions of Asturias and Cantabria (Northern |
| Spain) and radiocarbon-dated to the Upper Palaeolithic, Mesolithic and Neolithic periods |
| (Fig. 1; Table 1). Shells were stored at the Museum of Archaeology of Asturias (MAA) and |
| the Museum of Prehistory and Archaeology of Cantabria (MUPAC). For comparative |
| purposes, 5 modern specimens (collected alive) were recovered from Cue beach (Asturias), |
| located close to the archaeological sites (Fig. 1). |
| Between 5 and 8 P. lineatus shells (analytical samples) from each archaeological level were |
| analysed for amino acid content (Table 2). In the laboratory, shells were carefully sonicated |
| and cleaned with water to remove sediment. Peripheral parts of the shells, approximately 20- |
| 30%, were removed after chemical cleaning of the sample with 2 M HCl. |
| For all shell samples, we drilled a small disc in the aperture—a procedure that has been |
| shown to reduce intra-shell variability (cf. Murray-Wallace, 1995). Approximately 5–20 mg |
| of carbonate was extracted from each shell and subjected to AAR analysis of total protein |
| content (inter- and intra-crystalline proteins) and the isolation of IcP through bleaching |
| (Penkman et al., 2008; Demarchi et al., 2013a). Samples from the aperture of modern |
| specimens were also used to measure the amino acids in the total protein fraction and in the |
| IcP fraction after leaching (heating at 140°C over a range of time intervals). |

2.1 Leaching

| Leaching was performed following the protocol described in Canoira et al (2003) and Torres |
|---|
| et al (2017). A set of 20 modern shell samples were placed in borosilicate glass ampoules, |
| together with 2 g of quartz sand (deeply pre-cleaned by oven baking at 600°C for 6 h). Next, |
| 120 ml of ultraclean water (HPLC-grade) was added with a syringe. The top of the ampoule |
| was fitted into rubber tubing connected to a vacuum-N2 line, being alternately exposed to |
| vacuum and N2, a procedure repeated three to four times to flush out all the air, following |
| Kriausakul and Mitterer (1978), Goodfriend and Meyer (1991) and Canoira et al. (2003). The |
| ampoule was later sealed under nitrogen. The ampoules were placed in a rack and put in an |
| oven at 140°C. |
| Two ampoules with quartz sand were removed at the following intervals: 1, 2, 4, 6, 8, 24, 48, |
| 72, and 240 h. The ampoules were opened and dried. Shell samples were separated, washed |
| with distilled water, sonicated, and vacuum-dried. They were then analysed for total amino |
| acid content and IcP fraction after bleaching. |
| After heating, 100 mL of the supernatant water was also analysed for the amino acids leached |
| into the water (THAAw). |

2.2 Bleaching

Powdered shell samples (from archaeological levels and leaching experiment) were used to isolate IcPs. The shell particles measured less than 500 μm, following Demarchi et al. (2013a, p. 151), a size for which bleaching is likely to be most effective. We exposed these samples to 12% sodium hypochlorite (NaOCl) for 48 h—a time reported to be the optimal bleaching period for some molluscs (Penkman et al., 2008; Demarchi et al., 2013a).

For each fraction, $50~\mu L$ of NaOCl per mg of powdered shell was added to accurately weighed subsamples at room temperature. To ensure the complete penetration of the oxidising agent, the vials containing the powders and the bleach were shaken every 24~h. The bleach was then removed, and the powders were rinsed five times in ultrapure water and once in HPLC-grade methanol, with centrifugation for 4~min between each rinse to minimise the removal of powder. Finally, the samples were air-dried overnight.

2.3 Amino acid analysis

Amino acid concentrations and racemisation/epimerisation ratios were quantified using a HPLC, following the sample preparation protocol described in Kaufman and Manley (1998) and Kaufman (2000). This procedure involves hydrolysis, which was performed under an N_2 atmosphere in 20 μ L/mg of 7 M HCl for 20 h at 100°C. The hydrolysates were evaporated to dryness in *vacuo* and then rehydrated in 10 μ L/mg of 0.01 M HCl with 1.5 mM sodium azide and 0.03 mM L-homo-arginine (internal standard). Samples were injected into an Agilent HPLC-1100 equipped with a fluorescence detector. Excitation and emission wavelengths were programmed at 230 nm and 445, respectively. A Hypersil BDS C18 reverse-phase column (5 μ m; 250 x 4 mm i.d.) was used for the analysis. Derivatisation was achieved before injection by mixing the sample (2 μ L) with the precolumn derivatisation reagent (2.2 μ L), which comprised 260 mM isobutyryl-L-cysteine (chiral thiol) and 170 mM o-phtaldialdehyde, dissolved in a 1.0 M potassium borate buffer solution at pH 10.4. Eluent A consisted of 23 mM sodium acetate with 1.5 mM sodium azide and 1.3 mM EDTA, adjusted to pH 6.00 with 10 M sodium hydroxide and 10% acetic acid. Eluent B was HPLC-grade methanol, and eluent C consisted of HPLC-grade acetonitrile. A

linear gradient was performed at 1.0 mL/min and 25°C, from 95% eluent A and 5% eluent B upon injection to 76.6% eluent A, 23% eluent B, and 0.4% eluent C at min 31; and then with a progressive gradient at 1.07 mL/min and the following percentages: 46.2% eluent A, 48.8% eluent B, and 5.0% eluent C at min 95. As a laboratory routine, we separated glycine (Gly) and the D and L peaks of the following amino acids (Fig. 1-Supplementary Data): aspartic acid and asparagine (Asx); glutamic acid and glutamine (Glx); serine (Ser); alanine (Ala); valine (Val); phenylalanine (Phe); isoleucine (Ile); leucine (Leu); threonine (Thr); arginine (Arg); and tyrosine (Tyr).

2.4 Data screening of the AAR analyses

A total of 108 powdered samples taken from the aperture of archaeological *P. lineatus* shells were analysed for amino acid content. The same 108 samples were also used for the bleaching experiment. Of these samples, 14 results (12.9% of the data- 3 in El Penicial, 3 in Bricia-A, 3 in Bricia-C, 1 in El Mazo-101, 1 in El Toral III-21, 2 in Mazaculos II-A2, and 1 in level 24 of La Riera) were excluded because Asx and Glx D/L values fell off the covariance trend (cf. Kaufman, 2003, 2006; Laabs and Kaufman, 2003) (Supplementary Data) and/or because of abnormally high D/L values, characterised by Asx D/L and Glx D/L values falling outside the 2σ range of the group (cf. Hearty et al., 2004; Kosnik and Kaufman, 2008). These samples also showed a low amino acid content. A similar percentage of the data set from bleached samples was also excluded following the same rejection criteria exposed above, coinciding in most cases with the outliers identified for unbleached samples. Most of the samples with high D/L values may have been subjected to anthropogenic heating (3 in El

| Penicial, 1 in Bricia-A, 1 in El Mazo-101, 1 in El Toral III-21, and 1 in level 24 of La Riera), |
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| as they showed a similar pattern to that of heated ostrich eggshells (Brooks et al., 1991; |
| Crisp, 2013) and suspected burned P. vulgata shells (Demarchi et al, 2011), i.e., the sum of |
| total amino acid concentrations were considerably lower, especially for Asx, Ser, Thr and |
| Arg. Each result and the samples rejected are shown in the Supplementary Data. The data |
| used in the following sections are only from the screened samples and do not include outliers. |
| None of the 20 powdered samples of modern P. lineatus shells that were analysed for total |
| amino acid content or the same 20 samples that were bleached for the isolation of the IcP |
| fraction were rejected. |
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3 Modern P. lineatus shells

3.1 Amino acid concentration and composition

The total concentration of amino acids in modern shells was ca. 386 nmol/mg, whereas in the IcP fraction registered *ca*. 16 nmol/mg (Table 3). Thus, the latter accounted for around 4.2% of the total proteins in these shells (Fig. 3A).

The amino acid composition of the inter- and intra-crystalline proteins in modern shells also differed, as the percentage of the individual concentration of Asx ([Asx]) was higher in

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bleached (40%) than in unbleached samples (14%) (Table 3), the relative proportion of Ala

and Gly being higher in the latter (Fig. 3C).

3.2 Amino acid D/L values

| 256 | The mean Asx, Glx, Ala, Ser D/L values and D-aIle/L-Ile values in bleached and unbleached |
|-----|--|
| 257 | modern P. lineatus shells are shown in Fig. 3B. We selected these amino acids because they |
| 258 | account for a considerable percentage of the amino acid content in modern shells (Fig. 3C). |
| 259 | Asx, Glx, and Ala were the amino acids with highest D/L values in unbleached samples. In |
| 260 | contrast, Asx, Glx, Ala, and Ser D/L and D-aIle/L-Ile values were higher in bleached samples |
| 261 | than in unbleached ones, the differences between Ser and Asx being significant. |

3.3 Discussion

The IcPs in modern *P. lineatus* shells accounted for a small fraction with respect to the total protein content (ca. 4.2%) (Fig. 3A). Acidic amino acids were not abundant in the whole shell, representing only 22%. The relatively low percentages of acidic amino acids found in *P. lineatus* may be explained by the aragonitic composition of the shell (Mannino et al., 2003; Mannino and Thomas, 2007; Gutiérrez-Zugasti et al., 2015), as the presence of acidic and Asp-rich proteins is usually linked to calcitic structures (Gotliv et al., 2005; Marin et al., 2012). In the aragonite-dominated shells of *Margaritifera falcata* and *Bithynia tentaculata*, Asx and Glx account for a low percentage (ca. 15-25%) of the amino acid content, although in *Corbicula fluminalis* is ca. 45% (Penkman et al., 2008).

In contrast, acidic amino acids accounted for 45-50% of the IcP fraction (Fig. 3C). Similarly, in some other mollusc shells, the percentage of Asx has been reported to increase after bleaching (Penkman et al., 2008). This may be explained by the strong binding of acidic amino acids to the mineral matrix observed in ostrich eggshell (Demarchi et al., 2016).

Moreover, we observed that the relative composition of other amino acids (Ala, Gly, Leu, Val) in inter- and intra-crystalline fractions was dissimilar. This observation indicates that the

inter- and intra-crystalline protein compositions differ, thus potentially affecting the AAR rates (Fig. 3B) (Penkman et al., 2008; Crisp, 2013; Demarchi et al., 2013a). It is worth noting that, coinciding with previous studies, the D/L values were higher in the IcP fraction of modern P. lineatus than in the whole shell. The differences found in the concentration of amino acids and D/L values between the inter- and intra-crystalline proteins were in agreement with the findings of Sykes et al. (1995) and Penkman et al. (2007, 2008), who observed distinct racemisation rates in these fractions in a variety of mollusc shells. These results could be due to the removal of certain proteins and amino acids (mainly free amino acids-FAA) from the inter-crystalline matrix of the shells during bleaching (cf. Penkman et al., 2007, 2008). According to Penkman et al. (2008), the loss of FAA—which tend to be more highly racemised than the total hydrolysable amino acids (THAA) (Mitterer and Kriausakul, 1984)—in the inter-crystalline fraction during diagenesis produces a decrease in D/L values for the THAA of the whole shell. In this regard, the higher concentration of free amino acids (which are the most highly racemised) within the IcP fraction (Fig. 3A) may explain the higher D/L values obtained in the intra-crystalline fraction compared to whole shell (Fig. 3B). Other processes should also be taken into account, such as the different contribution of the distinct amino acids to the proteins entrapped within the biomineral, as some amino acids may be more tightly bound to the mineral (Demarchi et al., 2016). Also, the position of each amino acid in the protein chains can cause a variation in degradation rates (Kriausakul and Mitterer, 1980; Wehmiller, 1980, 1993; Mitterer and Kriausakul, 1984), i.e., the rate of racemisation differs depending on the sequence position of amino acids, with most amino acids racemising only when in a terminal position.

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4 Behaviour of shell proteins during artificial diagenesis

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| 305 | 4.1 Amino acid concentrations vs. heating time |
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| 306 | |
| 307 | The total concentration of amino acids decreased with heating time in unbleached samples |
| 308 | (Fig. 4). In contrast, the total concentration of amino acids remained similar during artificial |
| 309 | diagenesis in bleached P. lineatus shells. |
| 310 | After 6 h leaching at 140°C, approximately 60% of total amino acid content of unbleached |
| 311 | shells remained, while almost all of amino acids in bleached shells were retained after 240 h |
| 312 | of leaching at 140°C (Table 2). |
| 313 | |
| 314 | 4.2 Amino acid composition vs. heating time |
| 315 | |
| 316 | • Unbleached |
| 317 | |
| 318 | The proportion of Asx remained similar over time in the 140°C experiment (Fig. 5A, Table 5 |
| 319 | Supplementary Information), as did that of Phe, Ile, Leu, and Thr. Only after heating at 140°C |
| 320 | for 240 h did the percentages of Glx and Val increase, while that of Arg decreased; this |
| 321 | amino acid is very labile. The percentages of Ser and Gly decreased with heating time after 1 |
| 322 | h, whereas that of Ala increased. |
| 323 | |
| 324 | • Bleached |
| 325 | |
| 326 | The variation of the percentages of each amino acid in the IcP fraction with heating time did |
| 327 | not precisely reproduce what was observed in unbleached shells (Fig. 5B, Table 6 |
| 328 | Supplementary Information), although in most cases the pattern was the same, i.e., the |
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| 329 | percentage of Ala, Glx, and Val increased, while that of Ser decreased. In contrast to |
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| 330 | unbleached samples, the percentage of Gly increased, while that of Thr decreased. |
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| 332 | 4.3 D/L values vs. heating time |
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| 334 | The D/L values increased with time in unbleached and bleached shells (Fig. 6). As expected, |
| 335 | the highest D/L values for all amino acids were observed after heating for 240 h, thereby |
| 336 | indicating that rates of racemisation/epimerisation in P. lineatus shells are regulated by |
| 337 | temperature and time. |
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| 339 | Unbleached shells |
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| 341 | Asx showed the most rapid racemisation rate, followed by Phe, Glx, and Ala (Fig. 6). |
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| 343 | Bleached shells |
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| 345 | The IcP fraction in modern P. lineatus shells showed higher D/L values than the inter- |
| 346 | crystalline one (Fig. 6). In this case, Ala and Phe showed the most rapid racemisation rates, |
| 347 | followed by Asx and Glx, although Asx showed the highest D/L values before 8 h. |
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| 349 | 4.4 Discussion |
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| 351 | The heating experiment at 140°C confirmed the distinct protein composition of the inter- and |
| 352 | intra-crystalline fractions, as the percentage of each amino acid in unbleached and bleached |
| 353 | samples differed (Figs. 5A, 5B). Moreover, contrary to the unbleached samples, the IcP |
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| fraction remained almost constant, indicating that this fraction remained closed over time |
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| during isothermal heating. In this regard, according to Demarchi et al. (2013a, p. 154), the |
| total concentration of amino acids in unbleached samples would eventually reach the |
| concentration levels detected in bleached powders, as prolonged leaching would isolate the |
| IcP fraction. However, this was not observed here, i.e. after 240 h heating at 140°C the amino |
| acid concentration in unbleached samples was still 14 times higher than that in the IcP |
| fraction (Table 3). Nevertheless, it is likely that leaching would occur over geological |
| timescales (Miller and Hare, 1980; Collins and Riley, 2000; Bright and Kaufman, 2011); after |
| ca. 6 ka cal B.P., the amino acid concentration in unbleached samples was reduced by around |
| 85-90% (see Section 5). |
| The leaching experiment also showed that, upon isothermal heating, 40% of proteins from the |
| unbleached samples were lost (Table 3). However, only a small amount of the total amino |
| acids lost in the unbleached samples were found in the water (4.9%). Therefore, the main loss |
| of amino acids from the inter-crystalline fraction is likely to be due to decomposition (the |
| processes leading to the chemical degradation of the molecular structure of the amino acids), |
| either within the shell or once leached into the water. |

5 Amino acids in archaeological shells

5.1 Amino acid composition of the whole shell

The total amino acid concentration of unbleached *P. lineatus* shells (representing the amino acids that comprise inter- and intra-crystalline proteins) was higher in modern specimens than

| in archaeological ones (Fig. 7), and more variable; the total amino acid content decreased by |
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| around 85-90% from modern to archaeological shells. However, the concentrations were |
| similar in archaeological P. lineatus shells of diverse ages (Neolithic, Mesolithic, and Upper |
| Magdalenian), even in the oldest samples analysed in this study. It is worth noting that [Asx] |
| and [Glx] were higher in modern P. lineatus shells, while archaeological samples showed |
| similar concentrations of these amino acids (Asx and Glx). |
| Similar percentages for all amino acids (considering [Asx], [Glx], [Ser], [Ile], [Leu], [Phe], |
| [Val], [Ala], Gly], [Arg] and [Thr]) were obtained in archaeological levels of different ages. |
| However, the percentage of each respective amino acid varied in a different way with respect |
| to that of the modern shells (Fig. 8A). The percentage of Asx increased sharply with age (Fig. |
| 8A), i.e. for modern specimens it was around 14%, whereas for the Neolithic ones |
| (Mazaculos II-A2) it was 35%, remaining similar for Mesolithic and Upper Magdalenian |
| ones. The percentage of Glx, Val and Leu also increased from modern to archaeological |
| samples. In this regard, samples older than ca. 6 ka cal BP (Neolithic) showed similar |
| proportions of Asx. In contrast, the percentage of Ser, Ala, Phe, Gly and Arg showed a rapid |
| decrease in P. lineatus shells from modern to Neolithic age, after which the percentage |
| remained almost constant. It should be noted that the percentage of Ile and Thr remained |
| almost the same. |

5.2 Amino acid composition of the IcP fraction

In contrast to that observed in unbleached samples, the concentration of amino acids in bleached *P. lineatus* shells (representing the amino acids that comprise only IcPs) was similar

| 400 | for modern and archaeological representatives of distinct ages (Fig. 7). The same results were |
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| 401 | obtained for [Asx]. |
| 402 | Similar percentages were obtained for Asx, Glx, Ile, Leu, and Phe in modern and |
| 403 | archaeological shells (Table 2). In contrast, the percentage of Ser decreased sharply with age |
| 404 | (Fig. 8B), from modern (ca. 15%) to Neolithic (ca. 8%) specimens, remaining similar for |
| 405 | Mesolithic and Upper Magdalenian ones. The percentage of Arg and Thr also decreased from |
| 406 | modern to archaeological samples. The percentage composition of Ala, Val, and Gly showed |
| 407 | a rapid increase from modern to Neolithic P. lineatus shells, after which the percentage of |

5.3 Interpretation of amino acid concentration trends

these amino acids remained almost constant.

5.3.1 Whole shell amino acids

Significant protein leaching is likely to have occurred from the inter-crystalline fraction during the ca. 6,000 yr cal BP after the death of *P. lineatus*, as the total amino acid content decreased ca. 85-90% over this time and then stabilised. After this decrease, the amino acid content in *P. lineatus* shells of Mesolithic and Upper Magdalenian ages (up to ca. 12.6 ka cal BP) remained almost the same (Fig. 4), whereas the contribution of each amino acid to the total content differed (Fig. 8A, B). Thus, there was an increase in the relative proportion of Asx, Glx, Val, and Leu with age, while the relative composition of other amino acids such as Ser, Ala, Phe, Gly and [Arg] decreased with age.

| 422 | Of note is the decrease in the percentage of Ala with age in the whole shell (Fig. 8A), as an |
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| 423 | increase in the relative concentration of this amino acid is commonly observed upon artificial |
| 424 | diagenesis in molluscs (Penkman et al., 2008; Demarchi et al., 2011, 2013b) and eggshells |
| 425 | (Miller et al., 2000; Crisp, 2013). In contrast, the percentage of Ala increased in the IcP |
| 426 | fraction of <i>P. lineatus</i> (Fig. 8B). This increase is assumed to be caused by the decomposition |
| 427 | of other amino acids, such as Asx and mainly Ser, into Ala (Bada and Miller, 1970; Bada et |
| 428 | al., 1978; Bada and Man, 1980; Walton, 1998). |
| 429 | We also observed a decrease in [Ser]/[Ala] values in unbleached P. lineatus samples, thereby |
| 430 | indicating a general pattern of increased protein degradation with age, as also interpreted |
| 431 | from the increase in D/L values (Fig. 9A) and a decrease in amino acid concentrations with |
| 432 | age (Fig. 7). |
| 433 | Therefore, the different behaviour of Ala in unbleached P. lineatus shells may be explained |
| 434 | by the loss of free Ala from the inter-crystalline matrix. Also, a different decomposition rate |
| 435 | of amino acids in this species compared to other taxa cannot be ruled out. In fact, Ala |
| 436 | accounted for ca. 25% of the total amino acid content in unbleached P. lineatus, whereas in |
| 437 | other molluscs and eggshells it represents less than 15% (Penkman et al., 2008; Demarchi et |
| 438 | al., 2011, 2013b, Crisp, 2013), thus indicating differences in protein composition. Moreover, |
| 439 | the total amino acid content reduced considerably from modern to archaeological shells (ca. |
| 440 | 85-90%), thereby revealing a considerable loss of amino acids. In this regard, the biomineral |
| 441 | might also play an important role due to differential mineral binding of amino acids |
| 442 | (Demarchi et al., 2016). |

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5.3.2 IcP amino acids

| The IcPs accounted for around 4% of the total protein content of modern shells (Fig. 4). This |
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| percentage increased sharply with age (up to 60-70% over 6 ka), with apparently limited |
| degradation of the proteins in this fraction (the concentration of amino acids remained |
| constant with age in bleached samples), thereby indicating that there was an important |
| preferential break-down and loss of inter-crystalline proteins. Similarly, [Asx] remained |
| constant with age. |
| In contrast, the percentage of the distinct amino acids in bleached samples did not vary with |
| age in a similar way to unbleached samples. This observation confirms that the composition |
| of the intra- and inter-crystalline fractions differed. |
| Moreover, the amino acid percentages in unbleached samples showed a different pattern after |
| leaching (Fig. 5A) and in archaeological sites (Fig. 8A). These observations can be attributed |
| to the IcP fraction becoming more representative in archaeological <i>P. lineatus</i> shells (60-70% |
| with respect to the total proteins) after 6 ka due to amino acid loss from the inter-crystalline |
| fraction by leaching and decomposition. This finding coincides with reports by Penkman et |
| al. (2008), who observed that the proportion of intra-crystalline amino acids within the whole |
| shell increases as the sample ages. |
| The differences found in the concentration and composition of amino acids and D/L values |
| The differences found in the concentration and composition of annho acids and D/L values |
| between the inter- and intra-crystalline proteins are in agreement with Sykes et al. (1995) and |
| Penkman et al. (2007, 2008), who observed distinct racemisation rates in these fractions in a |
| variety of mollusc shells. In leaching experiments (140°C for 24 h to 240 h) on unbleached |
| and bleached B. tentaculata and P. vulgata shells, Penkman et al. (2008) and Demarchi et al. |
| (2013a) reported that only a small percentage (1-4%) of the total amino acid content leached |

| from the IcP fraction, in contrast to a higher percentage (ca. 40%) from unbleached shells |
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| under the same conditions. While inter-crystalline proteins are more susceptible to |
| decomposition or leaching, the IcP fraction has been found to behave like a closed system in |
| various mollusc shells, including those of P. lineatus. Similarly, Bosch et al. (2015) |
| concluded that the IcP fraction of the topshell <i>P. turbinatus</i> approximates a closed-system. |
| The results observed in unbleached and bleached archaeological P. lineatus shells confirmed |
| that the inter- and intra-crystalline fractions of this species differ in protein profiles, thus |
| showing distinct racemisation rates and compositions. IcPs seemed to remain in a closed |
| system, as the total concentration of amino acids remained similar with age, although |
| percentages of some amino acids varied. It should be highlighted that the concentration and |
| percentage of Asx (which is the amino acid commonly used for dating recent samples) |
| remained constant with age in bleached samples |

6 Aminochronology

To establish the aminochronology of the archaeological samples here, we used only Asx, because it is the amino acid that shows the fastest racemisation. Furthermore, due to their low D/L values, other amino acids were not suitable to discriminate between archaeological sites of these ages.

6.1 Asx D/L values vs. age -unbleached

| In general, topshells from archaeological sites showed Asx D/L values consistent with their |
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| age (Table 4; Fig. 9A), i.e. in the Neolithic site (Mazaculos II-A2) shells had the lowest Asx |
| D/L values, followed by those belonging to the Mesolithic (shell midden and level 29 of La |
| Riera, level 1.3 of Mazaculos II, El Penicial, Bricia-A, La Trecha, Arenillas, El Mazo and |
| Toral), Azilian/Magdalenian (level 27 of La Riera), and Magdalenian (level 24 of La Riera, |
| Bricia-C) periods. To select the best fit for the amino-age estimation algorithm, we compared |
| the correlation coefficients (r ²) for various approaches. We used the relationship between D/L |
| Asx values vs. age because it provided the highest correlation coefficient. |

6.2 Asx D/L values vs. age -bleached

As with the Asx D/L values of unbleached samples, D/Ls also increased with age in the bleached fraction (Table 4; Fig. 9B). Asx D/L values in the bleached samples showed a strong correspondence ($r^2 = 0.88$) with age.

Of note, the Asx D/L values were similar in unbleached and bleached samples, although in unheated modern specimens they were lower in the former (Table 4).

6.3 Aminochronological considerations

The mean Asx D/L values of 106 bleached and unbleached *P. lineatus* shells from the archaeological levels (after the rejection of samples with abnormally high D/L values) increased with age (Figs. 9A and 9B). Asx D/L values were similar in unbleached and bleached samples. This observation could be attributable to the considerable loss of amino

| 513 | acids in the inter-crystalline fraction over time, thereby producing a significant contribution |
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| 514 | of the IcP fraction to the whole protein content. Thus, good correlations were obtained for |
| 515 | Asx D/L values in the inter- and intra-crystalline fractions <i>versus</i> age. |
| 516 | However, the extent of racemisation of some amino acids (Asx, Glx, Ala, Val) within the IcP |
| 517 | fraction of P. turbinatus specimens from Ksâr 'Akil (Lebanon) revealed intralayer variability |
| 518 | of the D/L values comparable with intra-horizon variability. Therefore D/L values could not |
| 519 | be used to resolve the chronology within the site at the timescale relevant in that study, |
| 520 | between 30 and 43 ka BP (Bosch et al., 2015). The low coefficients of variation for Asx D/L |
| 521 | values in both bleached and unbleached P. lineatus samples (> 7% in most of cases) can |
| 522 | explain the good resolution observed for discriminating the chronology of archaeological |
| 523 | sites. |
| 524 | A general increase in Asx D/L values with radiocarbon age was observed (Figs. 9A and 9B) |
| 525 | up to 13 ka cal BP. We propose that the palaeoclimatic variations that occurred after the |
| 526 | accumulation of the archaeological remains did not significantly affect the amino acid |
| 527 | racemisation rate of P. lineatus shells, in contrast to that observed from limpet shells of the |
| 528 | Solutrean and Gravettian periods (Ortiz et al., 2015). The sites studied here were formed after |
| 529 | the Last Glacial Maximum (LGM), when climate amelioration occurred and was maintained |
| 530 | throughout the Holocene with no significant temperature variations during the last 13 ka cal |
| 531 | BP, with the exception of Younger Dryas (Bard, 2002; Peck et al., 2008). |
| 532 | This study indicates that Asx D/L values of unbleached and bleached P. lineatus shells are |
| 533 | useful for dating P. lineatus shells from archaeological levels in this region (Figs. 9A and |
| 534 | 9B). |

7. Conclusions

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| 538 | In summary: |
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| 539 | 1The protein composition of the inter- and intra-crystalline fractions of the topshell P . |
| 540 | lineatus differs, as shown by differences in the percentages of amino acids present. IcP amino |
| 541 | acids accounted for 4% of the modern total amino acid content, but this percentage increased |
| 542 | to 60-70% after ca. 6 ka BP. |
| 543 | 2The percentage of Asx remained constant with age (in archaeological samples over ca. 13 |
| 544 | ka cal BP) within IcPs. However, in inter-crystalline proteins, the percentage of this amino |
| 545 | acid increased sharply in the first ca. 6 ka after the death of <i>P. lineatus</i> and then stabilised. |
| 546 | The relative composition of other amino acids in the inter-crystalline fraction decreased with |
| 547 | age (Ser, Ala, Phe, Gly, and Arg), whereas the percentage of Glx, Val and Leu increased. In |
| 548 | contrast, within IcPs, Ala and Gly increased. The different protein composition of the inter- |
| 549 | and intra-crystalline fractions, the closed system behaviour of the IcP fraction, and the |
| 550 | differential mineral binding of amino acids may explain these differences. |
| 551 | 3The IcP fraction behaved like a closed system, as the concentration of amino acids did not |
| 552 | vary significantly after heating at 140°C. The main loss of inter-crystalline proteins occurred |
| 553 | through decomposition, and only a small fraction was leached into water (ca. 4.9%). |
| 554 | 4The main leaching of inter-crystalline proteins in <i>P. lineatus</i> shells occurred within at least |
| 555 | the first 6,000 yr cal BP after the death of the organism. This is evidenced by the considerable |
| 556 | decrease (85-90%) in the total amino acid content in archaeological samples with respect to |
| 557 | modern representatives. However, the total amount of amino acids in the IcP fraction |

| 558 | remained virtually intact for at least 12.6 kg, thereby confirming that this fraction |
|-----|--|
| 559 | approximates a closed system. |
| 560 | 5Differences in the amino acid content of inter- and intra-crystalline proteins, which |
| 561 | undergo racemisation at different rates, may be produced because the products of diagenesis |
| 562 | are likely to remain in the IcP fraction. Likewise, the preferential removal of certain proteins |
| 563 | and amino acids from the inter-crystalline matrix over time might cause this fraction to |
| 564 | degrade faster than the intra-crystalline one. Although Asx D/L values were higher in |
| 565 | unbleached samples, there was good correspondence between the Asx D/L values in inter- |
| 566 | and intra-crystalline proteins. However, other amino acids, such as Glx, showed lower levels |

of racemisation in the inter-crystalline proteins. We consider that the age of archaeological

levels can be established through analysing unbleached samples; however, bleaching

provides important information and complements the interpretation of the results obtained

from the inter-crystalline fraction.

6.-Asx D/L values in unbleached and bleached *P. lineatus* shells were comparable and showed a good correspondence with age. They can both therefore be used for the age

calculation of archaeological localities.

7.-In brief, AAR is a satisfactory tool for dating *P. lineatus* from archaeological sites covering the Upper Magdalenian to Neolithic periods, i.e. from ca. 13 to 5.5 ka cal BP.

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| 870 | Figure captions |
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| 872 | Figure 1. Geographical location of the caves studied. 1-La Trecha, 2-Arenillas, 3-Mazaculos |
| 873 | II, 4-El Mazo, 5-El Toral III, 6-La Riera, 7-Bricia, and 8-El Penicial. Cue beach is also |
| 874 | plotted. |
| 875 | |
| 876 | Figure 2. A) Photograph of an archaeological <i>P. lineatus</i> shell from level 108 of El Mazo. B) |
| 877 | Cross-section of a shell showing the different layers, and the sampling area. |
| 878 | |
| 879 | Figure 3. A) Concentration (nmol/mg) of Asx, Glx, Gly, Ala, Ser, Val and Ile in unbleached |
| 880 | and bleached samples of modern P. lineatus shells (errors are shown in Table 1 |
| 881 | Supplementary Information). B) D/L values of Ala, Ile, Asx, Glx, and Ser in unbleached and |
| 882 | bleached samples of modern P. lineatus shells (errors are shown in Table 2 Supplementary |
| 883 | Information). C) Relative amino acid composition of unbleached and bleached P. lineatus |
| 884 | shells (errors are shown in Table 3 Supplementary Information). |
| 885 | |
| 886 | Figure 4. Variation of total amino acid concentration (nmol/mg) in unbleached and bleached |
| 887 | samples of modern <i>P. lineatus</i> shells in response to heating at 140°C. |
| 888 | |
| 889 | Figure 5. Percentage of each amino acid in unbleached (A) and bleached (B) samples of P. |
| 890 | lineatus shells after heating at 140°C (Tables 5 and 6 Supplementary Information). |
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| 892 | Figure 6. Asx, Glx, Ala and Phe D/L values in unbleached and bleached samples of P. |
| 893 | lineatus shells heated at 140°C versus heating time (h). |
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| 895 | Figure 7. A) Total amino acid concentration of the unbleached and bleached modern and |
| 896 | fossil <i>P. lineatus</i> shells. |
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| 898 | Figure 8. Percentage of each amino acid in unbleached (A) and bleached (B) samples of P. |
| 899 | lineatus shells from modern and archaeological sites (Tables 7 and 8 Supplementary |
| 900 | Information). The same colour code was used for all the levels of the same period, and |
| 901 | localities are plotted in the age order indicated in the legend. |
| 902 | |
| 903 | Figure 9. Best-fit relation between Asx D/L values obtained in (A) unbleached and (B) |
| 904 | bleached samples of <i>P. lineatus</i> shells versus age. |
| 905 | |

Tables

Table 1. Archaeological levels studied and the periods assigned. Calibrated ages (yr cal) were converted using the Radiocarbon Calibration Program 7.1 (CALIB 7.1) (Stuiver et al., 2017) with the calibration dataset IntCal13 (Reimer et al., 2013). Reservoir effect was corrected using data from Monge Soares et al. (2016).

| Cave | Archaeological | Age (¹⁴ C yr cal BP) |
|--------------|---------------------|----------------------------------|
| | level | |
| Cue beach | - | Modern |
| Arenillas | Shell midden | Mesolithic [1] |
| (ARE) | | 7,975±23 (OxA-X-2488) |
| , | | 8,227±58 (OxA-27154) |
| Bricia | Shell midden (Level | Mesolithic [2,3] |
| (BRI) | A) ` | 7,680±150 (GaK 2908) |
| ` / | Level C | Upper Magdalenian [2] |
| | | aar 13,934 ± 1,949 [5] |
| Mazaculos II | Level A2 | Neolithic [4] |
| (MAZ) | Shell midden Level | 5798±121 [4] |
| ` ' | 1.3 | Mesolithic [4] |
| | | 8,490±40 (UGAM-9081) |
| | | 8,529±49 (OxA-26953) |
| La Riera | Shell midden | Mesolithic [6] |
| | | 7,375±185 (GaK-3046) |
| (RIE) | Level 29 | Mesolithic [6] |
| , | | 9,722±379 (GaK-2909) |
| | Level 27upper | Azilian/Magdalenian[6] |
| | 11 | 12,510±195 (BM-1494); |
| | Level 24 | Upper Magdalenian [6] |
| | | 12,660±545 (GaK-6982) |
| El Mazo | 101 | Mesolithic [1] |
| (EMA) | | 7,927±42 (OxA-30780) |
| | | 8,112±52 (OxA-30806) |
| | 113 | Mesolithic [1] |
| | | 8,032±43 (OxA-28403) |
| | | 8,385±18 (OxA-28404) |
| | 120 | Mesolithic [1] |
| | | 8,255±50 (OxA-28405) |
| | | 8,436±38 (OxA-30976) |
| | 105 | Mesolithic [1] |
| | | 8,209±86 (OxA-30535) |
| | | 8,402±19 (OxA-30977) |
| | 108 | Mesolithic [1] |
| | | 8,899±91 (OxA-28411) |
| | | 9,193±63 (OxA-26954) |
| El Penicial | Surface shell | Mesolithic [2,7] |
| (PEN) | midden | 9,760±250 (GaK 2906) |
| La Trecha | Level 1 | Mesolithic [8] |
| (LTR) | | 8,303±72(URU0083) |
| El Toral | Level 17 | Mesolithic [9] |
| (TOR) | | 7370±40(UGAMS 5403) |
| | Level 21 | Mesolithic [9] |
| | | 7510±40(UGAMS 5400) |
| | | 7620±30(UGAMS 5401) |
| | Level 13C | Mesolithic [9] |
| | | 9530±20(UGAMS 5404) |

| 911 | 1Monge Soares et al. (2016); 2Clark (1976); 3Jordá (1957, 1958); 4González-Morales (1982); 5 |
|-----|---|
| 912 | Ortiz et al. (2009); 6Straus et al. (1978); Straus and Clark (1986); 7Vega del Sella (1914); 8González- |
| 913 | Morales et al. (2002), 9Rigaud and Gutiérrez-Zugasti (2016). |

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Table 2. Percentage of Asx and Glx content with respect to the total amino acid content of unbleached and bleached samples of modern and archaeological *P. lineatus* shells.

| Period | Localities | N | %Asx | %Asx | %Glx | %Glx |
|--------|------------|---|----------------|----------------|---------------|---------------|
| | | | unbleached | bleached | unbleached | bleached |
| | Modern | 5 | 14.3 ± 0.4 | 40.4 ± 2.1 | 7.5 ± 0.8 | 8.4 ± 1.0 |
| N | MAZ-A2 | 5 | 31.6 ± 1.9 | 37.6 ± 0.9 | 8.6 ± 0.5 | 9.1 ± 0.8 |
| M | TOR-17 | 5 | 31.0 ± 2.7 | 35.2 ± 2.5 | 8.9 ± 0.7 | 9.2 ± 0.5 |
| | RIE-SM | 5 | 32.3 ± 2.2 | 37.1 ± 1.9 | 9.8 ± 3.8 | 8.6 ± 0.5 |
| | TOR-21 | 5 | 32.4 ± 3.2 | 35.1 ± 2.4 | 9.8 ± 0.4 | 9.7 ± 1.6 |
| | BRI-A | 5 | 30.7 ± 4.9 | 38.5 ± 0.4 | 8.1 ± 0.2 | 9.1 ± 0.5 |
| | ARE | 5 | 30.0 ± 0.2 | 36.6 ± 1.0 | 8.3 ± 0.2 | 8.9 ± 0.5 |
| | EMA-101 | 5 | 31.2 ± 1.6 | 35.6 ± 0.5 | 9.7 ± 1.6 | 9.0 ± 0.8 |
| | EMA-113 | 5 | 30.1 ± 1.7 | 35.2 ± 1.1 | 8.5 ± 0.4 | 8.8 ± 0.3 |
| | LTR | 5 | 29.6 ± 4.4 | 37.1 ± 1.4 | 9.2 ± 0.7 | 9.6 ± 0.7 |
| | EMA-105 | 5 | 30.1 ± 2.1 | 36.5 ± 0.9 | 9.0 ± 0.9 | 8.9 ± 0.1 |
| | EMA-120 | 5 | 32.4 ± 1.7 | 35.1 ± 1.6 | 8.3 ± 0.4 | 8.8 ± 0.2 |
| | MAZ-1.3 | 5 | 32.0 ± 0.2 | 37.3 ± 0.8 | 8.5 ± 0.2 | 9.0 ± 0.2 |
| | EMA-108 | 5 | 31.8 ± 2.8 | 35.2 ± 3.6 | 8.5 ± 1.4 | 9.4 ± 0.9 |
| | TOR-13C | 5 | 31.3 ± 1.5 | 37.5 ± 1.1 | 9.6 ± 0.4 | 8.9 ± 0.3 |
| | RIE-29 | 5 | 30.5 ± 5.2 | 36.5 ± 1.1 | 8.3 ± 0.3 | 8.4 ± 0.3 |
| | PEN | 8 | 30.3 ± 0.7 | 37.2 ± 0.8 | 8.4 ± 0.2 | 9.7 ± 0.6 |
| AZ/UM | RIE-27 | 5 | 28.9 ± 1.9 | 35.4 ±1.5 | 8.5 ± 0.3 | 8.7 ± 0.2 |
| UM | RIE-24 | 5 | 30.3 ± 1.4 | 35.3 ± 1.5 | 8.6 ± 1.8 | 9.4 ± 1.0 |
| | BRI-C | 8 | 32.5 ± 0.3 | 36.9 ± 1.1 | 8.5 ± 0.3 | 9.5 ± 0.9 |

N:Neolithic; M: Mesolithic (Asturian); Az: Azilian; UM: Upper Magdalenian.

Table 3. Loss of amino acids from bulk unbleached and bleached *P. lineatus* powders (experimental samples) after 24h of heating at 140°C (n= number of samples). Total concentrations (nmol/mg) were calculated using [Asx], [Glx], [Ser], [Ala], [Val], [Ile], [Leu], [Phe], [Gly], [Arg] and [Thr].

| Loss of amino acids after 24h heating at 140°C | Unbleached | Bleached |
|---|------------|----------|
| Initial [total] concentration in shell unheated (pmol/mg) (n=5) | 385.733 | 16.130 |
| [total] THAA after heating (pmol/mg) (n=2) for 24h | 231.393 | 16.092 |
| [total] THAA in water, heated (pmol/mg equiv.) (n=2) | 18.903 | - |
| Overall loss in shell (%) from the original | 40.0 | 0.23 |
| Loss into water by leaching (%) from the original | 4.9 | - |
| Loss by decomposition (%) from the original | 35.1 | - |

Table 4. Asx D/L values in unbleached and bleached samples of modern and archaeological *P. lineatus* shells.

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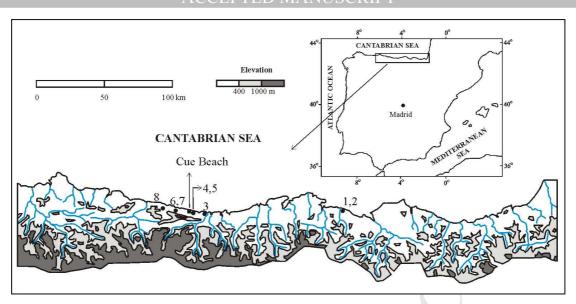
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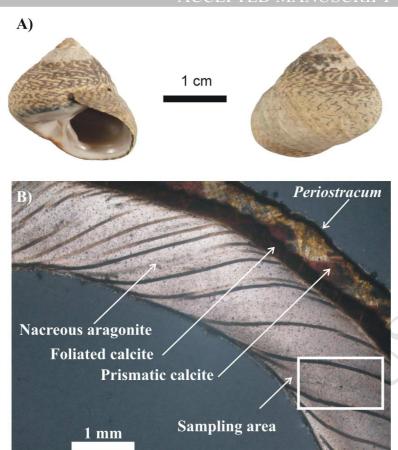
| Period | Localities | D/L Asx | D/L Asx |
|--------|------------|-------------------|-------------------|
| | | unbleached | bleached |
| | Cue beach | 0.048±0.001 | 0.084±0.004 |
| N | MAZ-A2 | 0.177±0.022 | 0.180±0.012 |
| M | TOR-17 | 0.225±0.011 | 0.208±0.009 |
| | RIE-SM | 0.223 ± 0.021 | 0.228 ± 0.015 |
| | TOR-21 | 0.219 ± 0.019 | 0.199 ± 0.009 |
| | BRI-A | 0.237 ± 0.018 | 0.240 ± 0.023 |
| | ARE | 0.224 ± 0.011 | 0.208 ± 0.019 |
| | EMA-101 | 0.235 ± 0.009 | 0.227 ± 0.033 |
| | EMA-113 | 0.227 ± 0.009 | 0.197 ± 0.010 |
| | LTR | 0.235 ± 0.013 | 0.235 ± 0.011 |
| | EMA-105 | 0.219 ± 0.016 | 0.207±0.011 |
| | EMA-120 | 0.228 ± 0.008 | 0.199±0.006 |
| | MAZ-1.3 | 0.218 ± 0.021 | 0.201±0.007 |
| | EMA-108 | 0.233 ± 0.010 | 0.216 ± 0.020 |
| | TOR-13C | 0.236 ± 0.017 | 0.239±0.001 |
| | RIE-29 | 0.251 ± 0.020 | 0.257 ± 0.017 |
| | PEN | 0.244 ± 0.019 | 0.246 ± 0.018 |
| AZ/UM | RIE-27 | 0.268±0.013 | 0.268±0.028 |
| UM | RIE-24 | 0.285±0.002 | 0.284±0.017 |
| | BRI-C | 0.299 ± 0.030 | 0.294±0.027 |

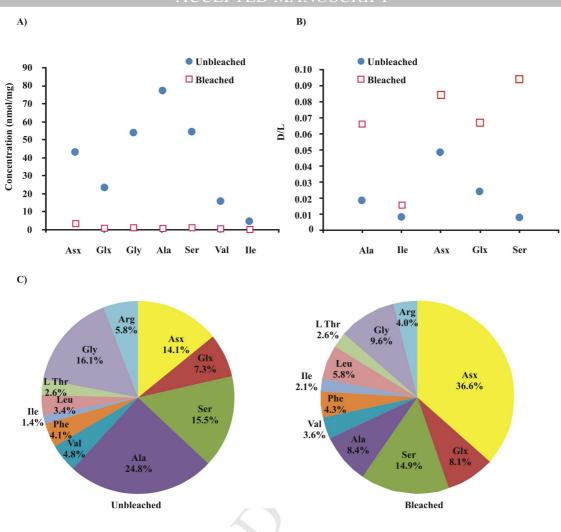
N:Neolithic; M: Mesolithic (Asturian); Az: Azilian; UM: Upper Magdalenian.

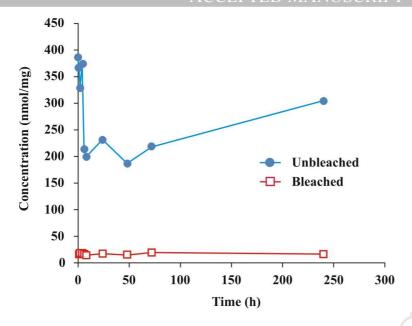
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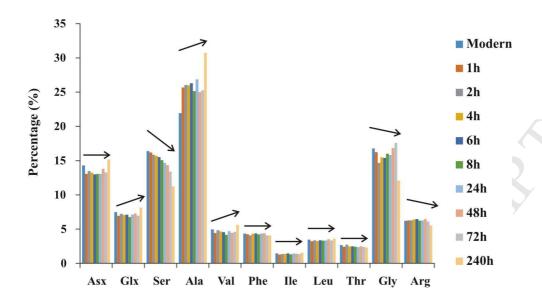




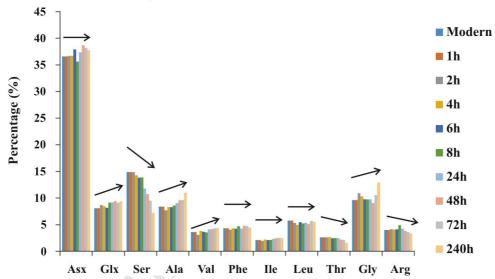


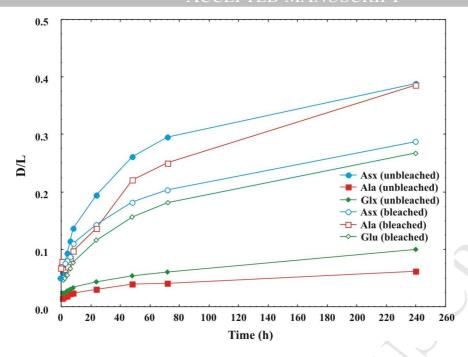


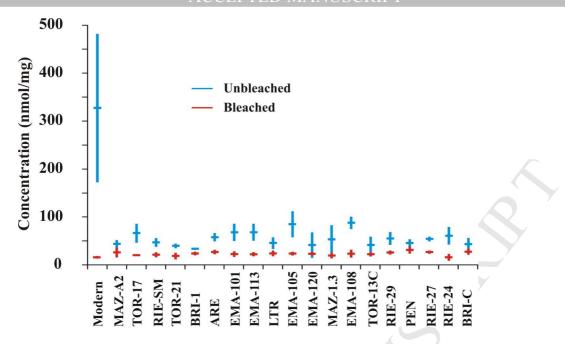
A) unbleached (whole shell)

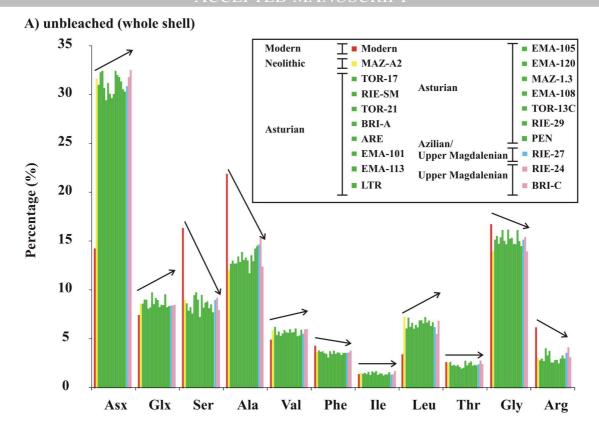


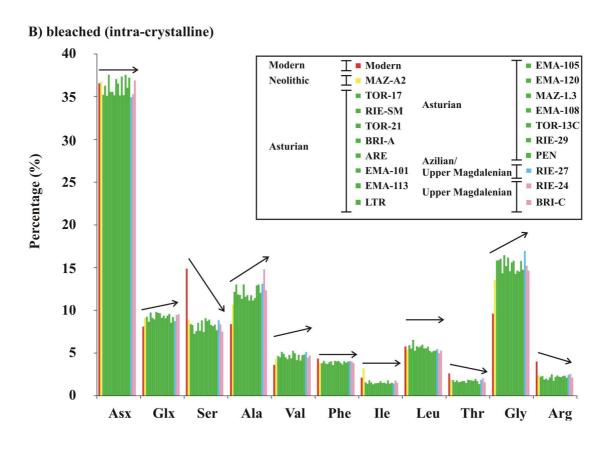
B) bleached (intra-crystalline)



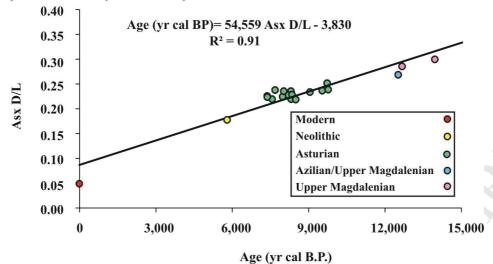








A) unbleached (whole shell)



B) bleached (intra-crystalline)

